



Country Pride Dance Club NEWSLETTER

May/June 1995

NOTE FROM THE PRESIDENT

The teams first competition for 1995 was a real learning experience and I do mean a learning experience both for the bad but also the good. In great attempts it is glorious to fail. We took 4th out of 4 teams but, we accomplished our goals. Over the years I have been with this team I have seen successes and failures. The key to winning is to keep trying and to stay consistent. Those phrases are easy to say, but very difficult to maintain. It is not whether you get knocked down, it is whether you get up. We can all learn something from Calgary, and become better people. I am so proud of everyone who got out on the floor, and especially the people who danced for the first time. Our club is the only team to dance at the Calgary Dance Stampede, since it began 4 years ago, and we should be very proud of that. We put more difficult material on the floor, and we all had to stretch. We did win the SPIRIT AWARD and that says a lot. Congratulations to the team for a Job well done! I believe we have a Team that are real winners with spirit, and we will improve and win.

I want to thank my wife Bonnie, and everything she did to make new outfits for the team. It was a ton of work and not without challenges to get the job done... without her, and her team of people it would not have happened. Rose Neilsen, Debbie Willmer, and Cindy Glover also worked their butts off finishing the new team outfits. Fantastic job and the outfits look great.

I have a new vision to share with the rest of the club that after taking the workshop with the Arts and Culture dept with the city I have a whole different outlook for the club, and that we are all about. When everyone first starts to dance I believe we want to learn to dance, meet people, and having fun. I now also realize that I believe that people want to belong to something special. Something they can

be proud of and is bigger than themselves. This club is all of that and more. I realize we did take our eye off the ball and we got too focused on the stuff that wasn't important to the club and its success. We have done so much as a group of people and have grown to become more than just friends. As we meet new people and get more people involved with the club we tend to develop friendships and a common interest and passion. Dancing for this club is the tool to do that. We need to be able to pass that caring on to others, by making new friends. I believe that when we all started with the club we wanted to meet people, have fun and learn to dance. As we get involved more we tend to focus on the details and less on our purpose. To build this club we need to focus on what attracted you to the club. Not the fact that we have a dance team, do fundraising, and practice but that we have the opportunity to meet tons of people by dancing, learn together and do all kinds of crazy things together that are as fun as we make them.

With the return to the social aspects of the club we will be doing more socials, fun lessons, and other activities. A big thanks goes out to Kimberly Johnson for the work she has done with the club. However because of her work demands she has changed spots with Debbie Willmer as social director. Debbie and Gary Willmer amaze me, because just 8 months ago they were both taking lessons from Bonnie and I and just learning this stuff. Now they are an integral part of this club and a great example of people wanting to do something. Way to go guys! Debbie, Cindy, and Kimberly are in charge of the activities you want to see from the social end of things, so if you have any ideas please let one of them know. The first social we had at the studio was a success with the people that attended. We didn't lose money and everyone had a good time.

To build on this idea I know will help the club in the long run.

Also a big thanks goes out to Ken Maiterer, Carl Mann, Michell Lee, and Pam Beaudin for the work they have been doing with the bingos. Some have been small, but others have been very good and we have been making consistent money. Our club has never been so financially healthy especially after a competition.

Activities coming up include bingos, the Westener Parade (Which we won last year so we need to put on another good show this year), rodeos, and the Red Hot Dance Festival. Unfortunately we will not be involved with the Big Valley Jamboree this year due to budget cutbacks, but I am sure we will have enough to keep us busy over the summer. With shows and summer fun I know

If you or any one you know wants to help out at the Red Hot Dance Festival this year please have them contact myself or Bonnie as we are starting to put the volunteers lists together. We have more interest this year than ever before and we have the best facility to do it at the Westener. Please pick a flyer for more details.

Lastly I want to send a heartfelt wish of Goodwill and Love to Pam Beaudin and Barry Lovelace, and to let them know that they are not alone during their time of grief. As life goes we all have our hard times, and need to rely on others. I am sure that I can speak for the entire club, when I say that we love you guys and wish you all the best. If there is anything we can do let us know.

And remember our club is not just about dancing it is about people. Until next time.....

KEEP ON DANCING!

Rob Ironside

To make sure everyone is aware of our purpose. The objects of the club are:

- To exhibit a style of country western dancing that is precise and consistent whether it be in social, demonstration, or competition. Through our membership or in our lesson content.
- To provide for the recreation of the members and to promote and afford opportunity for friendly and social activities.
- To promote country western dancing through our club by teaching, demonstrations, competitions, and workshops: competing and performing dance teams.

Make Sure to Check out our New CP night at the Cattlemen s every 2nd Friday of the month.
This is for social activities and to meet new member. Come on out and have a blast.

Something we have not been doing lately, but we are going to start up again is congratulating people on their Birthday's. Not telling people how old they are, just letting everyone else know that it is their birthday. For the Month of May and June the Birthdays are:



Bonnie Ironside - May 11
Gary Willmer - June 1
Crystal Swinston - June 16

**Note!! :For all those interested in the Video training at shaw Cable
Please Contact Patrica Smith @ 346-5777 ASAP we can really use
this for the Club.**

**Also don't forget our new CP club Promotion sign up a new member
and both the new member and old get a NEW CP pin!!**

Events:

May 6 ACWDA executive board meets in Red Deer at 10:00am.

May 26-28 The second annual Cowichan Goes Country Event offers couples and line dance workshops. As well as a team and Choreography competition. Call Jim or Daphne at 604-743-7654

May 27: Gary Bilyk and Lynn Perrault will offer an intermediate progressive country Workshop in Calgary. For deatails call Lynn at 403-293-7923 or Gary at 403-243-9770.

May 28 Country Pride Exec Meeting @ Studio at 5:00pm

May 28 Performance at the Lacombe Memorial Centre 12:00noon

May 30 Country Pride Bingo (special event) evening Bingo- Knights of Columbus Bingo Hall - check message minder for details. Call Ken Malterer, or Carl Mann for info

June 1 & 2 , 4-6 Jeff Bartholomew will be in Edmonton for privates. A waltz and Cha-Cha workshop with Jeff plus Rob & Sherry Tovell will be held June 4 at the Derrick Golf and Country Club. Call Connie at 403-433-8147 for information or booking.

June 3 The ACWDA holds it's 4th annual General Meeting and Dance. An instructors' forum and workshop with Jeff Bartholomew are planned. Contact Kirk McGinnis at 887-2769, Cindy Glover 886-5681 , or Rob Ironsdie 346-5484 for tickets.

June 4 Country Pride General Meeting at Dance Studio at 7:30pm at break between Practices

June 7 Performance at Shaw Cable Television 4:15pm

June 8 Country Pride Bingo evening Bingo- Knights of Columbus Bingo Hall - check message minder for details. Call Ken Malterer, or Carl Mann for info.

June 10 Spirit of the West Dancers in Calgary Sponsor Richard Tymko for workshops on West Coast Swing, and his new line dance "Prince's Bridge". The club is also holding a social that evening. Call Gary at 403-243-9770 for information or tickets.

June 17 Wedding for Dale Ames and Laureen Braddell. Club members are invited to the dance at the Memorial Festival Hall Red Deer at 9:00pm

June 24 Spirt of the West Dancers Sponsor Doug Davidson for Intermediate Waltz and East Coast Workshops for more information Call Gary 403-234-9770.

July 8 1995: Wedding for Bob Nielsen and Karey McGrath. Club members are invited to the dance at Alix Community Hall Alix AB at 9:00pm.

July 2 - 5 Dave Getty will be in Edmonton to teach the two step school figures (July 3rd), and for privates details will follow. Call Connie at 403-433-8147 for bookings.

August 17 - 20: The Red Hot Country Dance Festival 3'rd annual event. The dance Hall Crawl Kick off Thurs nite. Tons of workshops, Demos, Fun activities, and the New Dance Country For Fun Contest, where a trip for Two to Nevada will be given away. Call Rob or Bonnie Ironside 346-5484 for registration forms and Brochres. Saturday supper show and Spectators passes can be purchased through ticket master.

Sept 24-27 Dave Getty does a workshop at the Derrick club in Edmonton with Jim & Stephanie McDonald and Rob & Sherry Toyell (Sept 24). Privates are available. For Booking or details call Connie at 403-433-8147

Sept 29, 30, and Oct 1 Workshops in Red Deer with Kelly Gellette will continue the NTA teaching syllabus material. Plans are to revisit basic Fundamentals, get into level 1 and 2 Workshops, and provide testing for all 3. Sponsored by The Country Pride Dance Club and the ACWDA. Contact Ken Malterer, or Rob Ironside for more details.

Nov 10-12 River City C/W Dance Festival III is scheduled for Edmonton, with competitive, social, and workshop activities. Contact Rob or Sherry at 403-439-5773.

Dancing Hints

Basic concept for waltz styling using rise and fall posture and stance stand tall, torso under the shoulders, shoulders back slightly chin up. Pull diaphragm up and Start to relax knees, move forward through the diaphragm head and torso over moving foot. Push off with the right foot.

- 1 Step forward left. Land on the UNDER part of the heel allowing weight to transfer to ball of foot (heel, ball). AND
Weight transfers to left toes, drive body forward as the right leg passes by supporting leg.
- 2 Step forward right from the diaphragm on the ball of foot. AND
As the weight is center over the right foot, the left leg passes by the right leg (supporting leg). This is the TOP of the rise.
- 3 Step forward left from the diaphragm on the ball of the foot. AND
Weight is centered over right foot; start to come down by relaxing left knee.
- 4 Relax body and knee until the body is lower than it was on count 3 & Prepare to move forward on the right foot.

& down

1 down Down Heel

& start up

2 up vp Ball

& up

3 stay up Up- Ball-

& down down heel

TWINKLES AND SPIRAL The man TURNS his shoulders LEFT as he steps forward in 5th position BETWEEN THE LADY'S FEET. He steps to the right side for his 2nd count on the right foot. REMEMBER to line feet up in 2nd position for leading lady in either promenade or right parallel position.

DELAYED THREE Count one. Take it faster by borrowing the "and~" count and going right into count 2. Hold through count 2& and 3, moving on count 3&. You will see a lot of upper body movement and hovering for advanced styling.

The Country Pride Dance Club is a non-profit society whose objectives are to Promote C/W dancing through teaching, demonstrations, competitions and workshops and also to support a competition team. The country pride dance team would be pleased to perform and/or teach at your next event. For more info call 342-5111.

The Country Pride newsletter is a Bi-monthly publication and all articles for the newsletter need to be submitted 2 weeks prior to publication. Newsletter staff: Rob Ironside 346-5484

To access our message service Dial *98, *342-5111#, 5151# and listen to our newest news or leave some of your our by calling the club line at 342-5111.



Country Pride Dance Club NEWSLETTER

March / April 1995

NOTE FROM THE PRESIDENT

Fantastic! We have got a great year ahead of us. Looking at the 1995 season our club looks like we could be very busy, and active in the community again. I believe we will have something to offer everyone that loves to dance. If you just want to watch and support our dancers, survive on the dance floor, or want to perform, I believe we have got to a point our club can offer something to everyone. I want to welcome all the new executives to the club. Before I do I want to thank our previous board members who worked so hard over the last year. A huge thanks goes out to Dan Wright our Vice president who has served on the board since we formed the club. Best wishes go out to him in his endeavors with his new farming project. We appreciate you Dan, and all the work, advice, and help you have been in building this club over the years. Don't get too busy we still need you to dance once in a while, if you have or can make the time.

A big thanks also goes out to Rick and Lia Anderson and the Rocky executive board for all their work in building the Rocky club into something we can all be very proud of. We are looking for input from more of you, and appreciate the input from all members. New to the Rocky Board is Melanie Oulmet their new Promotions Director. I have met this lady, and I am sure she will bring some new ideas, energy, and light to the organization in Rocky.

Next a big thanks to the executive in Red Deer. We had a majority of the board stay on for yet another year of madness, but seriously I am so happy they have because we have never had such a strong group of excited, inovative leaders. Good job to all have served on the board. A few new faces into positions. Welcome Cindy Glover to Vice President from social director. good job Cindy and we expect you will be a great VP. Les Walker is officially our membership Director, and has done a great job catching up on

things and looks to be an extremely organized and friendly membership director. New to the board is Kimberly Johnston as social director. Kim with your bubbly, positive, uplifting personality I am sure you will be a unbelievable social director. We can trust we will see a lot happen to our social membership in 1995. We are making it a priority and lots will happen.

Onward to where we are heading. Where is that? What is this club about and why do we exist? Those were just some of the questions we asked ourselves again this year as we set our goals for 1995. Everyone joins this club for their own reasons, and with their own goals, and dreams in mind, and that's great. As you grow and get more involved you may soon start to realize that you get so much from helping others. That is why we formed this club, so we make a difference in other peoples lives. Help them learn to dance and grow as people. See if the mission statements on the next couple pages hold true for you and what you would like to see the club accomplish. As you think about this and read the goals we decided upon at our goal setting meeting see if you could add to them, change them or make them part of who you are.

We have set some big goals for ourselves again this year. We have broken it down into 3 distinct areas so we can focus on it and keep track of how we are doing. Socially and most importantly we want to build our membership up to 100 people in Red Deer. Hold 3-4 social dances per year, and focus on more lessons and/or practices to keep those members challenged. For performances we are targeting the 30 mark again although I am sure we surpassed that last year. Competitions for the team include Calgary in April, Saskatoon in June, perhaps Portland, Seattle, and Edmonton in November. The elusive goal

of worlds in January 1996 remains our target to end the season. This year I believe we have a real chance to do it.

Vince Lombardi Said: Build for your team a feeling of oneness, of dependence on one another, and the strength to derived by unity". I know over the next year we will have our challenges and difficulties, and we may not even see eye to eye on every issue, but that is good! If we did we wouldn't grow and learn. Together we will achieve some great things in 1995, and be part of something very special.

I am so proud of everyone in this club and the efforts you continue to put forward. We continue to set the pace for other clubs to watch. We once again did a first by bringing Kelly Giellette to Canada to teach the first every NTA teachers accreditation workshop. We had people from Edmonton, Calgary, Medicine Hat, and BC here in Red Deer to take part in the workshop, and get their accreditation. Way to go Country Pride! I know we have the most people accredited for this level. 44 people attended the workshop and 39 took and passed the accreditation. We look forward to bringing Kelly back up again in September to continue this program. So keep an ears open for exact dates, and tell everyone so they don't miss the next session.

Teamwork is very important in accomplishing goals. Never doubt that a small group of thoughtful, committed people can change the world. Indeed, it is the only thing that ever has. And remember our club is not just about dancing it is about people. Until next time.....

KEEP ON DANCING!

Rob Ironside

Thought of the Day

I was sitting on the steps the other day, thinking of you and just Gazing into this mud puddle when all of a sudden I saw this face looking back at me and I said to myself, " I'm not going to smile until they do ! " so I waited, but they didn't smile and I got so nervous and embarrassed that I smiled first, and right away they smiled back real friendly like, so I was just wondering.....

Do you think It's silly to make friends with someone who lives in a mud puddle?

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Events:

Lessons for the club start up again March 22 1995. This is going to be a big deal, help out by dropping off flyer drop or offering someone a free lesson to get new people involved call Pam @ 347-7768.

March 1, 8 : Country Pride Rocky start up lessons. 15th Cha-Cha, 22nd east Coast swing
Contact Rick at 845-5335 for info.

March 10 -12 : The first annual Canadian Country Western Dance Championships will be held at the carriage House Inn, Calgary. For information / registration packets, call Jo - Jo at Strictly Dancing 403-269-5466

March 14 : Country Pride Evening Bingo. At the Knights of Columbus Hall. All volunteers call Ken Malterer at 782-5331.

March 18 ACWDA Zone meeting. This is a don't miss meeting. We will be discussing the new rules for Dance Country For Fun, events such as the annual General Meeting and dance, and further teacher training. Meeting starts at 2:00pm at CJ's with a social to follow. Call Rob Cindy at 886-5681 for more info.

March 22: Country Pride Dance lessons Start beginners Session at steppin to Country Studios. 5 week session. Contact Pam at 347-7768 for more info or to register.

March 26: Country Pride Executive meeting at 5:00pm at the studio. All executive members and associates welcome.

April 1 : Silver Spurs dance in Edmonton: Call Gord Villusen @ 484-0678 for more info.

April 2: Country Pride Evening Bingo at the Knights of Columbus Hall. All volunteers call Ken Malterer at 782-5331.

April 2: Country Pride Dance Club general Meeting at 5:00pm at the Studio. All members are encouraged to attend to keep up with new developments.

April 6 : Country Pride performs at seniors Lodge. Check message manager for details.

April 21 - 23 : The 4th annual Calgary Country Dance Stampede returns to the Malborough Inn with it's couples and group competition, workshops, social events, and fun activities. Call Garry at 403-283-8002 for information

April 29: CP. Evening Bingo at the K of C Bingo Hall. Call Ken Malterer at 782-5331.

May 6 ACWDA executive board meets in Red Deer at 10:00am.

June 3 The ACWDA holds it's 4th annual General Meeting and Dance. An instructors' forum and workshop are planned. Watch for more information.

August 18 - 20: The Red Hot Dance Festival 3'rd annual event. Call Rob or Bonnie 346-5484

We have more shows in the community planned, new routines, dances, fun stuff planned, and money in our bank account. We will be starting a fun promotional recruiting contest in the next month, talk to Cindy for details. Focus on the Calgary Dance stampede in April we will be flooring our new routine Go Pam Go. Watch for our new t-shirts and club coats... talk to Bev for details or ideas for places to go. Our club is raising more money, by having bingos. Get involved and volunteer.

Here are the notes from Kelly Gillette's Workshop on her tips to dance East coast swing. If this doesn't make sense talk to someone who took the class.

- I. ALL RHYTHMS single, double, triple. Combine.
 - A. Break rhythm patterns in 2nd position and 3rd.
 - B. Body movement (pelvis action)
 - C. Patterns Break Rhythm 6 beats - 1~ measures
 1. Basic in place, turning
 2. Break A way
 3. Wrap from a turning position, end turning
 4. Sugar Push in place, turning
 5. Reverse Spin cross hand, double hand, shoulder spin, hip spin, dble reverse spin
 6. Review Underarm Pass, Side pass (catch), Neck Pass
 - D. Lindy Rhythm 8 beats - 2 measures
Patterns
 1. Yale
 2. Check Step
 3. Wheel (flirtation break)
 4. Whip and wrap step
 5. Brush Off
 6. Spin whip

II. ENDINGS

In place of rock steps

1. Kick ball change
2. Knee pops
3. Scoots, and flea hops
4. Splits (heel, toe) syncopated splits
5. Sugar foot also as a pattern man backs up or circle
6. Points counted a & 5 & 6 or 5* & 6 &

III. SWIVELS

IV. STYLING

1. Arms
2. Hands
3. Body positioning
4. ELBOWS

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Country Pride Dance Club NEWSLETTER

January/February 1995

NOTE FROM THE PRESIDENT

What a year as we look back on 1994 and what our team did and accomplished it makes me very proud. From a group of people that just loved to dance this dance club has grown and had a tremendous impact on peoples lives. Take Kathy Keaton for example, she has really grown as a dancer and as person. She did things with this club that I knew she was not comfortable to start with, but she did them anyways. She started with our club in the fall of 1993 and joined the team and became a very established dancer, choreographer, and teacher. I dont think she thought about doing all that when she first joined the club, but she did any ways and for that I am sure everyone is as proud of her as I am and wishes Kathy all the best on her move to Drumheller and her new job there.... who knows maybe she will start up a branch of Country Pride there.

The year of 1994 started off with us setting some difficult goals for our club. We wanted to increase our membership to over 500, we wanted to do approx 30 performances in the year, and wanted to attend 4 competitions plus the WORLDS. Well how did we do....

We fell very short of our membership drive and have actually had some very big challenges with increasing our social membership. This concerns me and should be a focus for the whole club, because without community involvement and support this club will dry up and wither away. New blood keeps us all excited, and helps us find the good core people to build this club with. People can join at a social level and get more involved as they go. People naturally want a challenge and as they learn more want to get more involved, because they have built the confidence to do so. People more than likely will not start country dancing with the idea of competing on the team, but they may evolve to that if we help and encourage them. All us old farts know the pain of sticking it out,

but the rewards are so great. The people, the friends, the things we do, the experiences that the average person does not have the opportunity to do. With the focus on our lessons and the new people that involves, the Val Pak drop (going out to 10,000 people advertising lessons and the club), the yellow page add (advertising membership and our performances), and having a social director (Cindy Glover) in place helps me believe that we have positioned ourselves well to remedy this challenge in 1995. But keep talking to people and telling them about our club, give them our information handout and invite them to a practice or lessons.

As far as the shows are concerned we surpassed our goal... I do not know the official count for the year, but I am sure we did 30 shows over the summer months alone. Lorraine and Pam did such a good job there we almost had to tell them to slow down. Although it was hectic that much public awareness can only help the club in the long run. Big shows too like the Labatts Briar, The World Junior Hockey Playoffs, the Big Valley Jamboree, Canada Day Celebrations, 1st Grand prize Winner in the Westerner Parade, and countless other parades and community functions. It has been a blast and if you have ever danced in front of people you know how addicting it can be and how special the people make you feel. Telling the new people to get involved by just doing shows is a great way to get started and relieves some of the load from the old farts. For 1995 if we can just maintain the same level of performances we will be well on our way to greatness.

As for the competitions we did make it to Calgary and put a new routine on the floor that took 1st, beating out our long rival in Calgary Country Cuz its Fun. We did not go to Portland or Denver as we had hoped, but we did make it to Saskatoon and

took 1st overall. Edmonton was our last event for the year and we took second behind Sugarfoot from Edmonton.

Worlds remains our elusive goal and we did not manage to take the team due mainly to the cost of going. Not really a bad year though 3 comps, more than any other Canadian Team participated in, and we are still united, and going strong. We are to my knowledge the only Alberta team still dancing at the end of 1994. Why is that... stop and think about it, in my heart I know it is because of the people, the bonds we have developed, the common goals, and vision for the future that so many of us share. We are part of something very special and unique. Many people in our travels tell me that we can not do what we do. I think they are dead wrong. Together we have built this club, and together we will make this club grow. We each have our responsibilities, and need to do our part to make it work. Together Everyone Achieves More is what TEAM stands for and that is the truth with us. Ken Watterer our fundraising director has a plan in place that I am sure will enable us to take the team to WORLDS IV in Nashville next year if we each do our part we will make Red Deer, Alberta, and CANADA proud.

Our club is not just about dancing; it is about people!! Until next time.....
KEEP ON DANCING!



Rob Ironside

Checkout the video library our club has to offerI bet some of you didnt even know we had all these call Donna @ 887-2791 for information.

Country Pride Video Library

- CP - 001 - Intermediate Advanced 2 step - Dave Getty
- CP - 002 Kountry Two Steppin III adv. Jim Carlyle / Gloria Casey
- CP - 003 2 Step Waltz Dennis & Connie McGuire
- CP - 004 Waltz - Mike Halley & Patty Miller
- CP - 005 Misc
- CP - 006 West Coast Int/Adv - Linda Adams
- CP - 007 Polka (Continuous Shuffle advanced turn techniques - Dave & Karen Getty
- CP - 008
- CP - 009 Pony Swing Beg/Int
- CP - 010 Six count swing - Tom & Vicki Owen
- CP - 011 Schottische I - Dave & Karen Getty
- CP - 012 Line Dances
- CP - 013 Two Step , Colorado Shuffle - Kountry Dance Collection
- CP - 014 Canadian Dance Finals 1991 Jr/Sn. Awards part 1
- CP - 015 Canadian Dance Finals 1991 Jr/Sn Awards part 2
- CP - 016 Canadian Dance Finals 1991 Groups
- CP - 017 Canadian Dance Finals 1991 Div III Part A
- CP - 018 Canadian Dance Finals 1991 Div III Part B
- CP - 019 Country Pride 1990
- CP - 020 Country Pride

- K002 - C East Coast Swing Beg/Int - Mike Haley / Patty Miller
 - K013 - C West Coast Swing Int/Adv. Grant Austin & Darelene Long
 - K022 - C East Coast Swing Beg/Int Mike Haley/ Patty Miller
 - K014 - C West Coast Swing Beg/Int - Grant Austin / Darlene Long
 - K021 - C Fundamentals of West Coast - Randy & Rhonda Shotts
- Competition tapes of the team for 1993, and 1994.

CHECKOUT THE NEW BRANDON COUNTY SALOON FOR THE ONLY LIVE COUNTRY MUSIC IN RED DEER.

LAURIE AND ANTONETTE ARE TEACHING LESSONS

COUNTRY PRIDE IS EVERYWHERE!!!

Note !!! The Red Hot Dance Festival Has moved from Febuary to August 18, 19, 20 for 1995. Tell all your friends and plan to attend the best Country Dancing Festival Alberta has to offer...

Watch in the newsletter and flyers for more details or call

Rob & Bonnie Ironside @ 346-5484

Events:

Lessons for the club start up again Jan 24 1995. This is going to be a big deal we are doing a flyer drop and offering one free lesson to get new people involved call Rob @ 346-5484 or Pam @ 347-7768 to preregister.

January 15: Country Pride executive and general meeting to take place. Step into country dance studio. Check message minder for times.

January 22: Country Pride Teacher Accrediation class. 12:00pm at step into Country Studio. We will be having a level I or a Level II class dependant on interest. Call Rob @ 346-5484 to register.

January 24: Country Pride Open House and free lesson nite. Watch for location or call Rob 346-5484 or Pam 347-7768.

January 26: Country Pride Bingo #2. Eving Bingo All Volunteers meet at Knights of Columbus Bingo at 6:30pm.

January 29: Country Pride Exec. Meeting nomination or re-election meeting. Step into County Dance Studios 4:30 pm.

February 3-5: Buddy Schwimmer will provide workshops in WCS, ECS, Cha Cha, and Hustle call 471-0846 for details

February 4: Dave Getty will headline a daylong workshop at the Northgate Lions Centre A dance to follow. Call Connie at 403-433-8147 for info.

February 5: Country Pride Bingo Afternoon Bingo. All volunteers meet at Knights of Columbus Bingo at 11:30am.

February 5: Country Pride General Meeting and elections to be held 5:00pm at Step into Country Dance Studio.

REMINDER ALL MEMBERSHIPS ARE DUE...

February 6,7: Country Pride Casino at winners circle casino. Check with ken Malterer for details. 782-5331

February 12: ACWDA Zone meeting to be held at capers Pizza 12:00pm. Topics for discussion NTA, Rules, Teaching, and zone events plan to attend call 346-5484 for more info or how to become a member.

February 25: The Alberta Ametuer Sport Dancers Association hosts the Western Canandian Open Ballroom Dance Championships in Calgary and will be involving a C/W component. Call Bob or Helen at 403-256-1185 .

Notel Don't forget to check to message system for late breaking news & events. Directions on last page.

FREE ADVICE

Dear Abby an' Ann Landers have been givin' advice for years. There ain't no help for cowboys. It falls upon deaf ears. So I started my own column. I call it "Ask O' Chip". I already got some questions. Lissen an' I'll let 'er rip.

DEAR CHIP; SHOULD COWBOYS BLOW-DRY THEIR HAIR? SIGNED CONFUSED IN COLDERNHECK, COLORADO.

DEAR CONFUSED; I set a while an' thought about the ramifications o' what you said. I decided it don't matter much, you wear a Stetson on your head.

DEAR CHIP; MY HORSE KEEPS RUNNING INTO TREE BRANCHES AND KNOCKING ME OFF. WHERE CAN I GET HIM GLASSES? SIGNED BRUISED IN BUSTED-BONES MONTANA.

DEAR BRUISED; Sometimes my brain, it runs slower than January molasses, but I think yer horse, he ain't the one who gotta have the glasses.

DEAR CHIP; I WANT TO FIND ME A GAL TO LOVE, BUY THEY WON'T COME NEAR ME. PLEASE HELP! SIGNED LOVE-STARVED

IN OVERSHOE, WYOMING.

DEAR STARVED; There's one thing I am sure of 'bout our so-called better half. If you want 'em to be around you, then you gotta like a bath.

DEAR CHIP; MY BILLY GOAT IS TRYING TO MATE WITH MY COW. WHAT SHOULD I DO? SIGNED SERIOUS TROUBLE IN STRANGEBREED, TEXAS.

DEAR TROUBLE; All's fair in love and war, someone very smart has wrote. Ain't but two names for the off-spring-call it either gow or goat.

DEAR CHIP; HOW DO WELL ENDOWED WOMEN PLAY THE ACCORDION? SIGNED DIMWIT IN DRAFTYPANTS, OKLAHOMA.

DEAR DIM; This here's a real strange question, but the answer's easy to follow if you take a real close look at it, you'll find the back is hollow.

Now it's easy to give an' hard to take when the advice is free. You get 'exactly what you pay for an' that's the reality. In closin', I got plenty of advice for all of you to know. Send your stuff to CHIP in Vacaville, Zip is E - I - E - I - O.

Ed. Note: Chip O'Brien is a cowboy poet and writer. He has written three books. The first is "Downwind O' Cows, the second is titled, "The Outhouse Reader", and the third book, published in 1992 is called "Horse Apples". All of these books should be available at your local western store. Ask for them by name.

WHERE AND WHAT IS "CENTER POINT?"

By John P. Lee Sacramento, Ca.

Teachers call it by different names; "your center point," "your diaphragm area," or "your center of body mass" to mention just a few. I personally use "your center point of balance." Regardless of the term used, it's the point where almost all dance movement originates.

Picture a soft ball inside your chest cavity just behind the point where your lower ribs join in front. This is your "center point of balance." Properly used it allows beautiful controlled movements with the dancer always in balance with good dance lines. Improperly used it can cause under stepping, a squatting appearance, bouncing, and a variety of off-balance movements.

Your better dancers move from their center point outward; moving their center point in the direction desired and allowing the rest of the body to follow. Observe any good dancer walking forward. They seem to move in a fluid flowing manner. That is because their center point moves first, appearing to float across the floor. At the correct point in time, their working leg propels their free foot forward with the middle of the heel striking the floor just ahead of their center point as if to catch it in midair. As their center point continues to move forward it caused the dancer to roll his or her weight from their heel to the ball of their foot. At that point the free leg draws their thigh or foot into it's next

proper follow-through position for the dance being performed. All of this creates that fluid flowing dance movement everyone desires to achieve.

Your newer dancers, concentrating on the "foot patterns on the floor" tend to dance from their feet up. They first move with the heel or toe to place their foot where the "footprints" said they should step, their center point remains back, and bingo... an understep with their partner being stepped on!

If the dancer does not understand when the center point does NOT MOVE FIRST, (as in a back step in a moving dance), they will start back from the top of their shoulders and fall back into their back steps. It's no wonder they get their feet stepped on! If they would reach back behind their center point on a back step, maintaining that point in front of the toe of the supporting foot as a "shield," there would be less sore toes and scuffed shoes! If you are unsure of the techniques involved with the proper use of your center point of balance, find a teacher in your area cannot only explain center point, but can also explain how you may be using it incorrectly.

A little work on proper center point usage will pay off in comfort and help you to look like a "natural born dancer" rather than a mechanical robot on the floor!

The Country Pride Dance Club is a non-profit society whose objectives are to Promote C/W dancing through teaching, demonstrations, competitions and workshops and also to support a competition team. The country pride dance team would be pleased to perform and/or teach at your next event.

For more info call 342-5111.

The Country Pride newsletter is a Bi-monthly publication and all articles for the newsletter need to be submitted 2 weeks prior to publication. Newsletter staff: Rob Ironside 346-5484

To access our message service Dial *98, *342-5111#, 5151# and listen to our newest news or leave some of your our by calling the club line at 342-5111.



Country Pride Dance Club NEWSLETTER

November/December 1994

NOTE FROM THE PRESIDENT

Wow ... As usual it has been a busy fall and things are cruising right along. Lots of great shows over the last few months, and a trip to Saskatoon. I really believe that everyone in Saskatoon knows that Country Pride is the biggest and best club in Alberta. We were the only Team to put dancers on the floor to do a show. We were treated like royalty and really appreciated as a club. Members from Stettler to Rocky were also there to bring total count of members at that festival to 20 people. That is by far more than any other organization. I am really proud of everyone that was there to support the event and show them what kind of club we are. A big congrats to the Team (1st. Overall), Bob & Norma Byres (2nd overall Classic Div), Colin Michalsky and Carole Renaud (1st. overall Div V) and big thank-you to the club for supporting Bonnie and I (2nd Overall Div IV). Country Pride dominated this festival and that was very exciting to see. Everybody knows that we represent a winning Team.

Another example of this was the competition at Trapper Daves Pub Club in Red Deer. Of the 5 couples that entered the contest 4 of them were from Country Pride. The winners in Amateur were Clifford Franklin and Ann and Bonnie and myself in Advanced. Everyone who danced did very well, and we made the club proud. I believe this shows what our club is made of and what it is doing for people.

Lots more to tell you all and it will be tough to get it into one page. With the Team focusing on Edmonton River City Dance Festival Nov 11, 12, 13 it has been unreal that we have done anything else yet we have. Lessons are going strong again in Stettler, Rocky, Red Deer, Blackfalds, Sylvan, Penhold, and more on the horizon. With this steadily increasing demand for lessons and our club continuing to focus on promoting dancing to the public the

demand has just kept growing. Our first instructors accreditation workshop was a big success with 18 people attending and completing Level 1. We will be scheduling another Level 1, and a new Level 2 early in the new year. I was very happy to see the interest for this and the knowledge level of the whole club increase the way it has, and believe we can continue to do great things together as a team. I am very proud of everyone that is out promoting the club, and is teaching through the club. It is through this that people grow and are exposed to what dancing is all about.

We are doing big things such as yellow page advertisement, Val - Pack coupon drops, and more shows to promote this organization. We have T-Shirts for sale (call Bev Calkins if you would like one). There are more people stepping up and are doing more things like never before; such as Rick Anderson in Rocky.

A big thank - You goes out to Ken Maltener for a job well done for us being the first Country Western Dance club in Alberta being approved to host a casino... it was a job well done (great money maker). Ken has broke new ground for everyone. Kens job as fundraiser has been a challenge for him, but he has risen above and beyond the call of duty. Exploring new areas for grants, bingos, and fundraising Ken is a huge asset to our organization, and know he will help members far and wide with fundraising ideas. He continues to focus on new ideas and more on the horizon that everyone will benefit from.

A job well done and thanks goes out to one more area of our club in promotions, Lorrane Gair and Jim Swinston did an unbelievable job this summer booking shows for us. We have never had as many gigs as we had this summer. They almost did too good of a job!! Thanks guys without you the club would not have gotten the exposure we have.

I could continue naming people but I cant. Suffice to say that I have never been more proud of this organization and what we are achieving. From Pam Beadin as Choreographer, Anna Plaito as secretary, Cindy Glover as Social Director, and everyone else this team is firing on all cylinders and it shows. With everyone working together as a united force doing their part we will accomplish great things. I look back on the year we have had and am totally blown away at what we have achieved and the people we are attracting to our organization. We are helping make C/W dancing more well known. It is however a real team effort and from the new dancer like Tracey Gore to the old Pros like Dan Wright and Bev Calkins, I look back and think how glad I am to be part of something so special. It has taken time to build this club and a lot of sore feet, sweat, and tears, but I would not trade it for the world. For anyone new; be glad you are joining now instead of 2 years ago, you dont have to go through all the crap we did. Good things like this dont happen overnight, it has taken us 3 - 4 years to get as organized as we are. We had no blue-print, and we still have a long way to go. I hope I am conveying to any new people joining our club how what this means to me as well as the rest of the team. Sure we make mistakes and dont do everything that we could but we stay out there and keep doing it. Just think of where we could go... where we could take the club... how many peoples lives we could touch. I think it is neat to be part of that. Dont just sit on the bench - be part of the team and make a difference. Standup and help us all learn and grow. There are three types of people Watchers, Waiters, and Doers... who are you ?

Our club is not just about dancing; it is about people!! Until next time..... KEEP ON DANCING !

Rob Ironside

CHECKOUT OUR VIDEO LIBRARY... WE HAVE A HUGE SELECTION OF TAPES AVAILABLE FOR EVERYONE TO CHECKOUT. THESE CAN HELP YOU LEARN AND IMPROVE YOUR DANCING AND GIVE YOU A TON OF MATERIAL IF YOU PLAN TO TEACH. A THANK YOU TO CAROLE RENAUD FOR TAKING CARE OF THE VIDEOS OVER THE LAST YEAR PLUS.

ANOTHER THANK YOU TO DONNA WILSON FOR TAKING IT OVER CALL DONNA IF YOU WOULD LIKE A LIST OF THE VIDEOS AVAILABLE. COME OUT TO PRACTICE AND SEE DONNA OR CALL HER AT 887-2791

Some thank-yous came in for some of our shows over the summer we think you should hear:

Royal Canadian Legion:

"Hi to the dancers...

Many thanks for taking the time to "Color Up" our Canada Day at the legion. Ever so many have commented on the fact you added such a neat touch to our program.

Once again many thanks and we will look forward to you coming again. "

Don Cambell - Pres.

Westerner Exposition

"Dear Country Pride Dancers

The Westerner Exposition was a great success in 1994. The many events that are held during the Fair are varied. Entertainment plays a big part of the fair and we thank you for your participation.

We have growing numbers in the audience at the mainstreet Stage because people know we bring in the best quality talent to the Westerner. We hope you had a great summer."

Judy Herder - Chairman Special Attractions

Lacombe 1994 Alberta Senior Games

"Dear Country Pride Dancers,

Thank you so much for your participation in the Senior Games - your colorful dancing enriched the games for the participants. Thankyou also for being so accomodating during the opening ceremonies with the problems we had."

Sylvia Gillespie - Director Culture

A heartfilled thanks goes out to the executive of Rocky. Especially to Jim and Vicky Rhien and all the work they have done. A well deserved rest for you two. But, I am sure we can bank on the fact this wont be the last we will see of you.

A big congrats to the New the board in Rocky -- Rick Anderson - President, John Lundsén - Vice Pres, Ila Anderson as Secretary, Ron Smith - Promotions, Laureen Braddell Tres/Membership. And main board reps Rick Anderson, Don Eftodie, and Dale Ames. We look forward to working with you guys and your ideas on how to help build the Club.

Note !! Checkout the new Cattlemen's Club

and watch for a new big place opening in Red Deer Soon

Events:

The club is currently organizing and sponsoring lessons at:

Currently running at Dancentral in Red Deer at 8:00pm Wednesday and Christian school at 7:30pm in Rocky Wednesday evenings.

Drop in or invite someone down and check them out!!!

November 11-13: The second annual Rivercity Dance festival has provisional sanctioning this year and that means potential points towards the worlds in Anaheim. The event brings workshops, fun social activities, and a full range of couples and team competition to Edmonton. Contact Rob & Sherry Tovel at 403-439-5773

November 14: A judges training workshop is planned following the River City Festival. For more information call Rob or Sherry at 403-439-5773

November 27: An ACWDA chapter meeting at Capers Pizza. 12:00pm Topics of discussion are Teaching, Rules, and events. Come out and voice your opinions and get involved. Rob @ 346-5484 for more info.

November 27: Country Pride Main Board meeting at 3:00pm at Capers Pizza. Purpose of the meeting to finish by-laws and obligation agreements. All areas welcome to attend. For direction or info call Rob at 346-5484 or Dan at 782-5478.

November 27: Our Country Pride Exec meeting at Sky Wings Aviation. 5:00pm

December 3-4: Strictly Dancing by Jo-Jo presents Mario Robau from Houston to teach West Coast Swing, East Coast Swing, and Hustle. Call 403-269-5466 for more info.

December 4: Country Pride General Meeting - Skywings- 8:00pm on the Break.

December 17: Country Pride Christmas Party. Plan to come out and celebrate the year and join in the holiday festivities. For place and time Call Cindy at 886-5681.

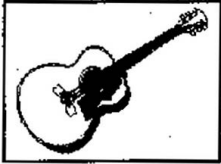
December 27, 29, 30: World Junior Hockey playoffs. Show at the centrium. This looks to be one of of biggest gigs of the winter. For more details or to get on the performing list call Pam at 347-7768

December 31: The sixth annual New Years Country Style Cabaret is going to take place at the regency in Edmonton, complete with a dinnershow and dance. Call Larry or Cathy at 403-475-8033

January 15, 22: Tentative dates for another Level 1 and Level 2 teachers Accreditation class. The last one we had was packed so plan to attend if you plan or are thinking about instructing. For more details call Rob at 346-5484. or check the message system.

Note!! Don't forget to check to message system for late breaking news & events. Directions on last page.

We recieved a letter from a freind of ours in B.C. telling us about this new CNW Musical STAR named Rick Tippe (some of you may have heard of this new Canadian artist). She has been working with Rick and chrographed this line dance and sent it to us. If you like it let her know, but even more teach it to others to help promote Canadain Talent. Hope you enjoy it.



(Keep your eyes open for a date soon Country Pride is going to have a social get together, and come up with something of a dance to a DEAN MITCHELL BAND song off their new album check the message manager).

LINE DANCE OF THE MONTH

This line dance comes from the Coast Country Dance Club on the Sunshine Coast of B.C. Instructor Cheryl Law was inspired by the music of B.C. Country Music Artist, Rick Tippe, so she came up with this fun little dance to go with his song "Bad Heart Day". Dancers all over B.C. are learning her dance and even performed it at the Salmon Valley Music Festival this summer!

HEART DAY HUSTLE

Four Wall Line Dance
 Music: "Bad Heart Day" - Rick Tippe
 Choreographed by the Coast Country Dance Club, Sunshine Coast.
 Instructors: Cheryl Law and Gail Newman (604) 686-7372

INTRO: The song starts with 7 cracking whip snaps. The dance starts with your left heel forward on the floor. With each crack of the whip you touch your heel forward alternating between your left and right. On the first crack of the whip the left heel is touched forward, left foot returns beside right, second crack of the whip the right heel is touched forward, then right foot returns beside left and so on. On the seventh whip snap the left heel has touched forward and returns beside right, then stomp your right foot one and begin dance as follows.

SIDE TOUCH & SLAP COMBINATION

1. R toe touches to the R side
2. Weight on L, R foot slap with L hand in front
3. R toe touches to the R side
4. R foot slap with L hand behind you leg
5. R toe touches to the R side
6. R foot returns beside L
7. R foot jumps sideways to the R, with L foot following
8. L foot lands beside R with a click or stomp of the heel

SIDE TOUCH & SLAP COMBINATION

9. L toe touches to the L side
10. Weight on R, L foot slap with the R hand in front
11. L toe touches to the L side
12. L foot slap with the R hand behind your leg
13. L toe touches to the L side
14. L foot returns beside R
15. L foot jumps sideways to the L, with R foot following
16. R foot lands beside L foot with a click or stomp of heel

TWO REVERSE PIVOT TURNS

17. R heel touches forward
18. R foot steps back
19. L foot touches back
20. Pivot to the L with weight on the ball of your R foot
21. R heel touches forward
22. R foot steps back
23. L foot touches back
24. Pivot to the L with weight on the ball of your R foot

SCUFF & HOP FINISH

25. Weight on the L, scuff the R foot pivoting on the ball of your L foot 1/4 turn to the L
26. Step down on the R foot facing your new wall
27. L foot jumps sideways to the L with R foot following
28. R foot lands beside the L with a click or stomp of the R heel.

Begin Again!

New CD or Cassette "Should'a Seen Her Comin" by RICK TIPPE - available by sending cheque or money order to :

MOON TAN MUSIC,
 Box 31581,
 Pitt Meadows, B.C. V3Y 2G7

Tape: \$12.50 CD: \$20.00

PLEASE NOTE: Dancers are welcome to reproduce and share the Line Dances of the Month with other dancers.

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Country Pride Dance Club NEWSLETTER

September / October 1994

NOTE FROM THE PRESIDENT

Just an unbelievable summer! It seems to fly by faster every year. As usual the club was busy again, and had a fun packed agenda with lots to see and do. From shows to the south just outside of Calgary to Pigeon Lake our club is on the move and getting lots of attention and recognition. The Big Valley Jamboree was again a great time and to all who attended a big thanks from Karen Pezderic and the Big Valley Jamboree.

Bonnie and I have moved into our new place and are very grateful for that. We would just like to thank everyone who attended our housewarming party. We had a great time!

I believe that Country Pride is at a very critical turning point. As everyone knows a club of any sort is challenging to keep focused and excited about where they are headed, but I think a dance team is even more difficult because of the emotions and passion of its members. I am concerned that new members that have joined the club and who will join this club this fall will not understand what we are about, and what they can get from this organization. I think it is also important the old FARTS not take their eye off the ball as to what got them interested in the club and what they got out being a part of the organization, and pass that experience and confidence on to new team members. As a TEAM of focus excited positive people we can have a tremendous impact on other people. By teaching lessons we help build people's self esteem and confidence. By helping someone on the team grow we learn more about ourselves and what we are capable of doing. By sticking together through the hard times and the good times we all benefit in the long run.

I am more excited about this club now than I have ever been. We have seen multitudes of people stretch and grow from Rocky to Stettler and all points in between. The people is what makes the difference. I see less and less stinky attitudes and more people willing

to help others than ever before. I believe this club is destined to dominate Alberta, and have a very large impact on the future of dancing in this area. The reason I am making such a bold statement is because of some of the things that are happening and coming up.

We have adopted a teaching standard from the NTA (National Teachers Association), and with that our students and new members will be able to learn more consistent material and enjoy themselves more. The ACWDA has made a commitment to teaching and is working hard toward a similar goal and I believe our club will have a jump on this and set the pace. There is a very important ACWDA chapter meeting at Capers Pizza 12:00pm Sept 11. At this meeting one of the topics up will be these new standards (DON'T MISS IT). This is just one tool that I believe will help our club to be #1.

As we enter the fall season it is typically a busy time for lessons and new members joining. It is crucial that we all are focus on being the best we can be to set an example for new people checking us out. As I put the souvenir picture arrangements together for the last 2 competitions we have done I looked back over the last 4 year and compared year by year how far we have come and it is phenomenal. Each and every member of the club should be as proud of the themselves as I am of you for the contributions you have made to grow this organization into a force to be reckoned with. We are attracting the right people... good people... committed people... and people that want to grow themselves and that pushes all to grow. We will all continue to gain and learn more for ourselves by attracting more people with great attitudes that want to be part of a winning team!

On the competitive side we have all matured as dancers and if we practice and are willing to pay the price we will kick Edmonton and Calgary's Butt's. I know we can do it, because we

have done it in the past and could easily do it again. I see more heart and desire and willingness to try than ever before. JUST DO IT. From the performance side... to have the best show in the area so more people phone us for gigs, to the social end of it... belonging to something that is on the move, is exciting, and people have fun belonging to is a goal our club needs to strive for.

With the festival in Saskatoon Sept 29, 30, and 1st, and the event in Edmonton Nov 11, 12, and 13 it is perfect opportunity not only for the comp team but for everyone that wants to come out and learn more dancing and watch. It is perfect way to get more new members involved in the club and focused with us, because they see the bigger picture. A special club rate for Saskatoon is being extended for all members of our club whether you are on the team or not: the weekend rate is only \$20 per person (that is unreal so take advantage of the low pass cost and plan to attend Saskatoon).

It all begins with each one of us being the best we can be and helping others. Dance Lessons are the beginning, and our lessons start up again this Sept watch for dates and locations. More teachers workshops. Social activities are being planned watch for those. New martial for the performance shows and the comps. With all this in the works we are going to have a great time. Each one of you can contribute and make a difference and be somebody special and someone everybody can be proud of. But we have to ask ourselves if we are average and ordinary or if we want to be great and make a difference and have our friends and family proud of what we have done and accomplished. I DO !!

Our club is not just about dancing; it is about people!! Until next time.....

KEEP ON
DANCING!
Rob Ironside



WELL IT SURE HAS BEEN A BUSY SUMMER FOR THE COUNTRY
PRIDE DANCE CLUB AND ITS NOT OVER YET !!!

UPCOMING EVENTS

SEPTEMBER

SEPTEMBER 21 - THE FIRST SET OF TWO-STEP LESSONS BEGINS
WHERE - DANCECENTRAL STUDIOS 5424-45 st.
WHEN - WEDNESDAYS 8-10 pm.
COST - \$ 40.00 / COUPLE FOR 5 WEEK SESSION

SEPTEMBER 29 - OCTOBER 2 - FIRST ANNUAL SASKATOON COUNTRY
WESTERN DANCE FESTIVAL
WHERE - SASKATOON, SASK. @ THE SANDS HOTEL
COST - WEEKEND PASSES AVAILABLE TO ALL
COUNTRY PRIDE MEMBERS FOR ONLY
\$ 20.00 / PERSON !!! GREAT PRICE !!!

OCTOBER

OCTOBER 15 or 16 - TENTATIVE DATE FOR A TEACHERS CERTIFICATIO
WORKSHOP. CERTIFICATION GOALIS TO COVER
LEVEL 1 TWO-STEP, WALTZ, EAST COAST,
AND POLKA. THESE WILL BE THE BASIS FOR
COUNTRY PRIDE LESSONS AS SET OUT IN THE
NTA MANUALS WE HAVE ADOPTED AS OUR
STANDARD.
WHERE - DANCECENTRAL STUDIO
WHEN - STARTING AT APPROX. 1 pm - ?
COST - THE ONLY COST IS THE PRICE OF
THE MANUALS (2 @ 10.00/ea)
THOSE ATTENDING THE WORKSHOP WILL BE
GRANTED GRAND-FATHER STATUS UNDER THE
NEW NTA STANDARDS.

JUST A REMINDER THAT YOUR INPUT INTO THE NEWSLETTER IS IMPORTANT AND IF THERE IS SOMETHING YOU WOULD LIKE TO SEE INCLUDED IN THE PUBLICATION PLEASE MAKE SURE YOU LET THE NEWSLETTER STAFF AWARE.

A QUICK THANK YOU TO ALL THE MEMBERS WHO PERFORMED AT THE NUMEROUS EVENTS THROUGHOUT THE PAST TWO MONTHS. THE NUMBER OF PEOPLE WHO MADE THEMSELVES AVAILABLE FOR THESE SHOWS STILL AMAZES ME ! WHAT A GREAT CLUB TO BE A PART OF !!!

KATHY

PLEASE NOTE THAT PRACTICES ARE STILL BEING HELD AT SKYWINGS AND EVERYONE IS ENCOURAGE TO BE ACTIVELY RECRUITING NEW MEMBERS AT EVERY OPPORTUNITY.

WORD LIST

- Amalgamation
- Arlene
- Boot Scootin' Boogie
- Buffalo Boogie
- Cotton Eyed Joe
- Country Dance Lines
- Electric Slide
- Follow
- Hawaiian Hustle
- Honky Tonk Walkin'
- Horsin' Around
- Lead
- Polka
- Rodeo
- Romeo
- Schottische
- Ski Bumpus
- Slapping Leather
- South Side Shuffle
- Swing
- Traveling Four Corners
- Tumbleweed
- Tush Push
- Two Step
- Walkin' Wazi
- Waltz

CLASSIC C/W DANCES

B C O C O U N T R Y D A N C E L I N E S
 E I G O O B N I T O O C S T O O B M R O
 D P H T V B U F F A L O B O O G I E K U
 E K S T L M C E I P M Q V A Z L N C D T
 D N U O R A N I S R O H C R G R U P E H
 I F P N J M A C I Z O L R T O X L V E S
 L U H E O G B S T Y N D K C T D R A W I
 S N S Y G H Q L O E M O R A S Z E K E D
 C L U E D H A L P T W U B F I L P O L E
 I A T D F W K S C H O T T I S C H E B S
 R Q V J A C F I K F N P S U Y D N K M H
 T U J O A M A L G A M O T I O N T G U U
 C I U E N S V N G L P A R L E N E C T F
 E C M K G U I Z A W N I K L A W P G C F
 L R P N S L A P P I N G L E A T H E R L
 E D I L E A D E J V F O L L O W J H L E
 K W H V P E E L T S U H N A I I A W A H
 S M A W L H O N K Y T O N K W A L K I N
 H R Q N D E K M H Q S K I B U M P U S Q
 T U M B L E W E E D P M P E T S O W T L

Puzzle by Dorothy Guertin

PLEASE FORGIVE THE BREVITY OF THIS NEWSLETTER, HOWEVER DUE TO LACK OF OUTSIDE INPUT AND A BUSY PERSONAL SCHEDULE MAKES FOR A SHORT PUBLICATION. IF ANYONE IS INTERESTED IN HELPING OUT OR TAKING OVER THE NEWSLETTER DUTIES LET KATHY KNOW. NOTE: IT WOULD BE VERY ADVANTAGIOUS IF A COMPUTER WERE AVAILABLE FOR THE NEWSLETTER SET UP.

THE COUNTRY PRIDE DANCE CLUB IS A NON-PROFIT SOCIETY WHOSE OBJECTIVES ARE TO PROMOTE C/W DANCING THROUGH TEACHING, DEMONSTRATIONS, COMPETITIONS AND WORKSHOPS AND ALSO TO SUPPORT A COMPETITION DANCE TEAM. THE COUNTRY PRIDE DANCE TEAM WOULD BE PLEASED TO PERFORM AND/OR TEACH AT YOUR NEXT EVENT. FOR MORE INFO CALL 342-5111.

THE COUNTRY PRIDE NEWSLETTER IS A BI-MONTHLY PUBLICATION AND ALL ARTICLES FOR THE NEWSLETTER MUST BE SUBMITTED 2 WEEKS PRIOR TO PUBLICATION.

NEWSLETTER STAFF : KATHY KEETON 342-4162

HOB/Bonnie Ironside



Country Pride Dance Club NEWSLETTER

JULY - AUGUST 1994

NOTE FROM THE PRESIDENT

Unbelievable !!! What a summer we have got ahead of us. Looks to be the busiest summer for our Club yet. With the increased publicity our Club has recieved we have more shows to do for lots of great events this summer. From the Big Valley Jamboree to the Senior Summer Games and beyond we have an exciting schedule ahead. We have finally gained the recognition that has taken 4 years to build up. More people are aware of our Club and what we do and it feels great to be a part of something exciting and growing. I see so many people growing, stretching and learning to conquer fears that they have and are becoming a great asset to the entire club and themselves. Big THANKS to Jim Swinston our promotions Director that has moved south due to work, great job !!!... thanks Jim and best of luck down South. A big WELCOME to Lorraine our new promotions Director, and Brenda Babcock our new Membership Director. We know they will do a great job and be a big asset.

The most exciting development is the finalization of the main board of directors to help give direction for the entire club, and unify us all together. The great efforts that have been put forth by a few individuals have made all the difference in the world to my confidence in the future of this organization. With the vision these people have the club will exist for a very long time to perpetuate the spirit and benefits of what c/w dancing is all about. With these peoples same belief in what dancing can do for people, in self esteem, confidence, and growing as a person, we have formed this board to oversee the input from the entire membership. A very big heart filled thanks goes out to the following people; Jim & Vicky Rhein, and Barry Koenig from Rocky, Pat Cuthbertson, Bob Byers and Sherry Todosichuk from Stettler, Dan Wright and Ken Malterer for being the founding interim board of directors.

This board will meet a minimum of 4 times per year to keep the whole club on track and feedback as to what the members want. Initially this board will assist and be responsible for the following areas; Newsletter - to improve central communication the newsletter will be coordinated through this board, help set policy in administration, insurance coverage budgeting major fundraising coordination, promotion and big event timing, teaching syllabus, teaching standards, and membership rates. People on the board will help out and be responsible for certain areas. If you have any ideas on these topics and would like to have your ideas considered in the policy set forth please talk to one of these people, we want to hear your suggestions. With this I am confident that the Club will grow to acheive some great things.

" IF EVERYONE IS MOVING FORWARD TOGETHER, THEN THE SUCCESS TAKES CARE OF ITSELF."

From Stettlers performance team, to Rockys Social membership, to Red Deers Comp Team we have something for everyone. Since the ACWDA general meeting last month some new developments in the teaching standards have been adopted. The Provincial association has done what our Club was one step ahead of doing and that is to adopt the NTA teaching terminology and

con't

syllabus. This will be a giant step forward, so as everyone can then talk the same language and know what the other means when it comes to dances and moves. We have ordered the latest manuals on teaching this material, and it will be at the access of our whole Club. With this and the video training tapes we ordered a few months ago our teaching ability and overall level of dancing within our Club will continue to grow and that is exciting to me. With all the activities going on and the summer holidays most of the general lessons have closed down over July and August for the whole Club. However I am certain with all the tools we have at our disposal come September will have the largest attendance of new classes come Fall. Check out our ad in the David Thompson tourist guide. A push for lessons and being able to give better lessons helps us all get what we want out of dancing and that is to learn more, and meet more people. This fall we will undoubtedly have the largest influx of new members and dancers to lessons than we have ever had and we need to be prepared to have a blast teaching them and encouraging them to have fun and learn. Have a great summer and until next time ...

KEEP ON DANCING

Rob Ironside

!!!!!!!!!!!! NEWSFLASH !!!!!!!!!!!!!

THE PHONE MAILBOX HAS CHANGED !! The phone numbers remains the same @ 342-5111 , however to access the number the procedure has changed.

DO NOT CALL 340-4499 Instead dial *98

Then when the operator answers press " * " again

Then enter our number 342-5111 and press #

Then enter the pass word 5151 and press #

The rest of the commands are similar 1-plays message, 2-save in archives 3-delete # - skips message. Be careful using it but you will get used to it.

WORDS OF WISDOM

THERE ARE THREE KINDS OF PEOPLE: THOSE WHO MAKE THINGS HAPPEN, THOSE WHO WATCH THINGS HAPPEN, AND THOSE WHO HAVE NO IDEA WHAT HAS HAPPENED.

AN OBSTACLE IS SOMETHING YOU SEE WHEN YOU TAKE YOUR EYES OFF THE GOAL YOU ARE TRYING TO REACH.

IF YOU CAN'T BE A HIGHWAY, JUST BE A TRAIL, IF YOU CAN'T BE THE SUN, BE A STAR, FOR IT'S NOT BY SIZE THAT YOU WIN OR YOU FAIL, BUT BY BEING THE BEST OF WHATEVER YOU ARE.

AN OPTIMIST IS A FELLOW WHO TAKES COLD WATER THROWN ON HIS IDEAS, HEATS IT WITH ENTHUSIASM, MAKES STEAM AND PUSHES AHEAD.

BIRTHDAY GREETING TO :

JULY

AUGUST

Barbara Hennel	July 5	Peggy Hearonemus	Aug 8
Don Eftodie	July 5	Regina Oja	Aug 13
Sherry Todosichuk	July 6	Gilbert Ellis	Aug 19
Dave McDonald	July 6	Duane Esler	Aug 23
Tara Richard	July 6	Laurie Hand	Aug 23
Carole Renaud	July 8	Larry Moore	Aug 25
Rob Ironside	July 10		
Darcy Murphy	July 12		
John Holman	July 17		
Brenda Petrowski	July 17		
Jon Lundstrom	July 18		
Darlene McDonald	July 19		
Don Hennel	July 20		
Kerry George	July 28		

GENERAL INFORMATION

We now have a limited number of " Country Pride " T-shirts available for sale to members and non-members. They are light pink with a black Country Pride logo. They are priced at \$15 for members and \$18 for non-members. To get you t-shirt call Lorraine Gair , Promotions Director.

The Red Deer Club is now holding their practices at the Skywing Aviation hanger out at the Penhold Base. Practices start at 6:00 pm sharp on Sunday nights and continue to 10:00. NOTICE... the Red Deer Club has recently started up a Junior program with practice at skywings at 5:00 Sunday night as well. Everyone is encouraged to bring their kids to this practice as it is just as much fun for them as it is for us !!!!!

There is a new mailing address for the Red Deer Club it is ;
Suite # 294 4752 Ross Street
Red Deer, AB.
T4N 1X2

The Red Deer Performance Team was very excited to earn a 1st place ribbon in the Innisfail parade. Thanks to all who performed and helped out, you did great !!!!!

Do you have any ideas about social events for the Club ?? Contact Beth our new interim Social Director !!!

We recently received a letter from Kim and Duane Esler from Watson Lake. It sounds like life is very different there and they have a lot of interesting things to talk about in the letter. If you would like to read their letter contact Anna as she will have it.

Rob has made up information flyers about the Club and has made them available for anyone to hand out if someone is interested in the Club. They are a great recruiting tool and answer a lot of general questions about the Club and our goals. If you would like some of these flyers contact Rob Ironside.

UPCOMING EVENTS AND PERFORMANCES :

JULY - July 10 - Red Deer General Meeting Skywings at 5:00 PM

July 15 - The Hillbilly Hoedown at Simon's Valley BBQ Ranch, Calgary.
Country Dance and Exhibitions starting at 6:30 PM
For tickets and information call Michel Guimond 251-0847

July 16 - performance at the Bower Mall Red Deer , pancake breakfast to
kick off Westerner Days . Performances between 8-11 AM. We will
be doing a membership drive at that time and also selling
T-shirts , etc.

July 19 - Red Deer Westerner Parade - performance(in parade).

July 20,22 - performances at the Westerner grounds - both performances
to be in the evening

July 26 - performance for the Potato Growers Assoc. at Simon's Valley
Ranch

July 30-31 - performances at the Ivan Daines Country Music Picnic.
We may get free passes and camping for performing.

August

August 3-7 - performances at the Big Valley Jamboree , Camrose.

August 9-10 - performance for the Senior Summer Games Lacombe
Aug 9 - 7:00 PM Michener Park
Aug 10- 3:00 PM Memorial Centre

AS YOU CAN SEE WE HAVE A BUSY SUMMER AHEAD OF US . IF YOU ARE NOT ALREADY
PART OF THE PERFORMANCE TEAM PLEASE COME TO A PRACTICE AND CHECK OUT HOW
FUN IT IS !!!! YOU WILL NOT BE DISAPPOINTED !!!

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THE END

The Country Pride Dance Club is a non-profit society whose objectives are
to promote C/W dancing through teaching, demonstrations, competitions, and
workshops and also to support a competition dance team. The Country Pride
Dance Team would be pleased to perform and/or teach at your next event. For
more info call 342-5111.

The Country Pride Newsletter is a bi-monthly publication and all articles
for the newsletter must be submitted 2 weeks prior to publication.
Newsletter Staff : Kathy Keeton 227-3729



Country Pride Dance Club NEWSLETTER

JANUARY/FEBRUARY 1994

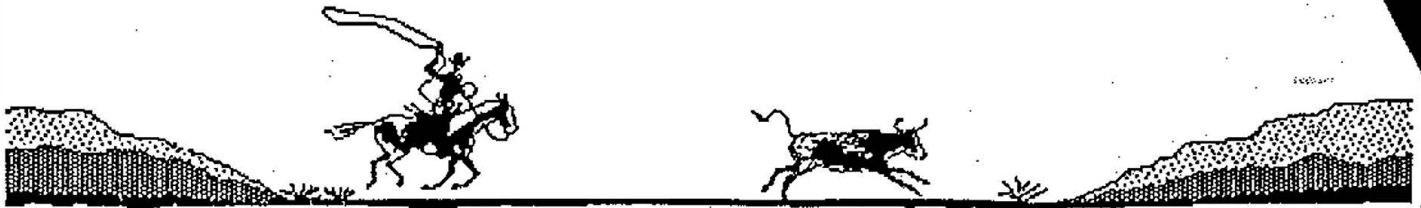
NOTE FROM THE PRESIDENT

FINALLY, A NEWSLETTER!! I'LL BET MOST OF YOU THOUGHT WE DIDN'T HAVE ONE ANYMORE, WELL SURPRISE !! WE DO. THRU A SERIES OF INCREDIBLE EVENTS AND A HECTIC SUMMER WE DIDN'T GET ANY ISSUES TOGETHER. BUT THANKS TO KATHY WE NOW HAVE A NEWSLETTER AGAIN. THANKS KATHY.

I HAVE A DREAM THAT I WOULD LIKE TO SHARE WITH ALL OF YOU WHEN IT COMES TO THIS CLUB. IT HASN'T CHANGED SINCE WE STARTED AND IT IS TO TEACH EVERYONE TO C/W DANCE. THROUGH OUR LESSONS, WORKSHOPS, DEMOS, AND COMPETITIONS WE HAVE ACCOMPLISHED THIS INCREDIBLY WELL OVER THE LAST 3 1/2 YEARS. THERE ARE MORE PEOPLE THAT KNOW OF THE PINK/BLACK COUNTRY DANCERS I.E. COUNTRY PRIDE FROM ROCKY TO STETTLER, CALGARY, EDMONTON AND BEYOND. TO SPREAD DANCING AS AN ART FORM AND WHAT IT DOES INSIDE FOR A PERSON IS TOTALLY EXCITING. IT HAS KEPT ME GOING THROUGH TIMES THAT I'VE WANTED TO QUIT. HOW PEOPLE GROW, LEARN AND STRETCH THEIR COMFORT ZONES TO LEARN AND DO MORE IS TOTALLY EXCITING.

NOT ONLY HAS THIS CLUB, BUT BONNIE AND I, AND OTHER KEY PEOPLE WITHIN OUR CLUB SUCH AS DAN, KEN, PAM, COLIN, CHERI, SHERRY JIM, WARREN & SHERRY, JIM & VICKI, AND MANY OTHERS THAT I HAVEN'T MENTIONED, STAND UP TO THE CHALLENGE AND GROW NOT JUST AS DANCERS CHALLENGED BUT AS PEOPLE. I AM SO PROUD OF EVERYONE WHO HAS STOOD UP TO THE CHALLENGE AND GOTTEN INVOLVED IN SOMETHING THIS CLUB HAS UNDERTAKEN. I AM SURE GLAD THEY DID! THAT IS WHAT I HAVE COME TO UNDERSTAND THIS CLUB IS ALL ABOUT. THIS CLUB ISN'T ABOUT TEACHING PEOPLE TO DANCE, DO SHOWS, DEMOS, OR COMPETITIONS, IT IS ABOUT PEOPLE AND THE RELATIONSHIPS YOU BUILD AND THE EXCITEMENT OF HAVING COMMON INTERESTS AND GOALS. I LOOK AROUND AT THE CLUBS AND ORGANIZATIONS TODAY AND REALIZE HOW INCREDIBLY LUCKY WE ARE TO HAVE WHAT WE HAVE. GRANTED WE HAVE OUR CHALLENGES AND STRUGGLES, BUT WITHOUT THOSE THE VICTORIES WOULD NOT BE AS SWEET.

BECAUSE OUR CLUB HAS GROWN AT SUCH AN UNBELEIVABLE RATE, IT HAS BEEN A PERSONAL CHALLENGE TO KEEP UP AND PUT IDEAS AND GOALS FOR THE ORGANIZATION AS A WHOLE TO SHOOT FOR. THANK GOODNESS YOU'ALL HAVE HAD BETTER IDEAS THAN I, AND OTHERS HAVE STOOD UP TO THE CHALLENGE AND ARE TAKING ON RESPONSIBILITIES AND LEADERSHIP ROLES. THIS CLUB WILL SURVIVE ONLY IF WE ENCOURAGE THOSE NEW PEOPLE WITH IDEAS AND DRIVE TO GO FOR IT! BONNIE AND I WOULD LOVE TO BE ALL PLACES AT ALL TIMES, BUT WE ARE FINDING IT MORE DIFFICULT AS THE CLUB CONTINUES TO GROW. WE LOVE YOU ALL DEARLY AND WE HAVE GOTTEN BACK MORE THAN WE COULD EVER GIVE TO ANY OF YOU, BUT WE FIND OUR ROLE WITHIN THIS CLUB CHANGING AS WELL. IM AM SCARED TO DEATH THAT NOT ENOUGH PEOPLE WILL HELP OTHERS. STRIVING TO WORK TOWARDS A COMMON GOAL HAS ALWAYS BEEN THE BIGGEST CHALLENGE OF ANY TEAM OR ORGANIZATION. WHAT I SEE AND FEAR IS THAT PEOPLE WILL NOT



WORK TOGETHER OR GET COMPLACENT OR BORED AND TRY TO DO IT ON THEIR OWN. THAT IS FINE AND MAYBE FOR THOSE PEOPLE IT IS BEST THEY GIVE UP AND QUIT INSTEAD OF GOING THROUGH DISCUSSIONS, ARGUMENTS AND VOICING THEIR OPINION BECAUSE FOR THE PEOPLE THAT GO THROUGH THE HARD TIMES, THE WINNING AND PERSONAL VICTORIES MEAN SO MUCH MORE. "TOGETHER EVERYONE ACHIEVES MORE" IS WHAT A TEAM IS ALL ABOUT, WHETHER THAT IS OUR DEMO TEAM, COMP TEAM, INSTRUCTORS OR OUR SOCIAL MEMBERS. WE CAN ALL DREAM BIGGER DREAMS AND ACHIEVE MORE SUCCESS TOGETHER THAN WE EVER COULD BY OURSELVES. IS IT EASY? HECK NO !!! IT IS FRUSTRATING AND TOTALLY CRAZY SOMETIMES, BUT THE REWARDS ARE WORTH IT.

WE ARE WALKING INTO '94 AND I SEE AND BELIEVE OUR ORGANIZATION WILL DOUBLE FROM APPROX. 300 TOTAL TO 600 MEMBERS EASY! CAN WE HANDLE IT? DO WE WANT TO? WHAT DID YOU PERSONALLY GET OUT OF THIS CLUB IN THE LAST YEAR OR TWO AND IS IT WORTH SHARING THAT WITH OTHER NEW PEOPLE? YOU NEW PEOPLE TODAY WILL BE THE LEADERS TOMORROW THAT OTHER NEW MEMBERS WILL RELATE TO AND FOLLOW. REMEMBER HOW YOU FELT WHEN YOU FIRST GOT INVOLVED AND HOW YOU WANT TO MAKE THEM FEEL.

GOALS ARE SO VITAL FOR THIS ORGANIZATION, BECAUSE WITHOUT GOALS NO ONE HAS ANYTHING TO BE EXCITED ABOUT OR A REASON TO GET INVOLVED. SO WHETHER IT BE THE COMP TEAM GOING TO THE WORLD'S NEXT YEAR, INCREASING THE NUMBERS OF OUR DEMOS, LESSON SIZE, INSTRUCTOR QUALITY, WORKSHOPS OR A MEMBERSHIP DRIVE, WE MUST BE CAREFUL AS TO MAKE SURE OUR GOALS ENCOMPASS THE MAJORITY OF THE CLUB AND BENEFIT THE ORGANIZATION AS A WHOLE.

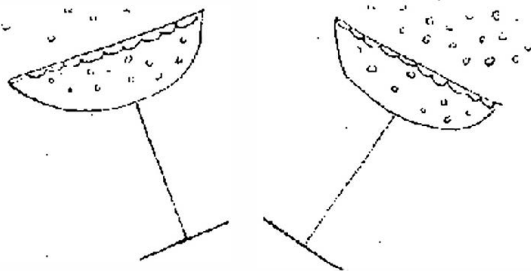
SETTING UP OUR INSTRUCTOR TRAINING, AN OVERALL MAIN EXECUTIVE, HOSTING A PROVINCIAL EVENT OR TEACHING YOUR NEXT DOOR NEIGHBOR HOW TO 2-STEP, OUR CLUB HAS BITTEN OFF A BIG RESPONSIBILITY WHEN IT COMES TO AFFECTING THE DIRECTION OF C/W DANCING IN CENTRAL ALBERTA, CANADA AND BEYOND. PEOPLE NOW KNOW WHO WE ARE THROUGH MORE EXPOSURE ON NATIONAL T.V., MORE DEMOS, BENEFITS, GIGS AND LESSONS. WE NEED ALL OUR MEMBERS, NEW AND OLD TIMERS ALIKE, TO UNDERSTAND THE IMPACT THE GOOD OUR CLUB HAS DONE AND WILL DO IN THE FUTURE.

DO WE HAVE OUR CHALLENGES?? YOU BET !!! I AM SCARED TO DEATH EVERYDAY WE WILL DROP THE BALL, LET PEOPLE DOWN, AND NOT EXPOSE THE CLUB TO THE PEOPLE, NOT LET PEOPLE SEE THE INCREDIBLE FUN, LEARNING AND FRIENDSHIP THIS CLUB CAN OFFER. WE TEND TO TAKE OUR EYE OFF OUR GOALS AND GET MOWED DOWN IN THE DAY TO DAY CRAP WE HAVE TO GO THROUGH TO ACHIEVE OUR GOALS AND WIN. WE ARE LIMITED AS TO WHAT OUR CLUB CAN ACHIEVE ONLY BY OUR IMAGINATION AND ONCE STRETCH A NEW IDEA, IT NEVER REGAINS ITS ORIGINAL DIMENSIONS. AND THAT IS GREAT!!!

I AM TOTALLY EXCITED ABOUT WHERE WE CAN BE THIS TIME NEXT YEAR (WE HAVE DONE A PILE IN '93). IF WE ARE UP TO THE CHALLENGE, WE ACCOMPLISH SOME BIG THINGS, IF WE WORK TOGETHER AS A TEAM. "TEAMWORK IS THE ABILITY TO WORK TOGETHER TOWARDS A COMMON VISION. THE ABILITY TO DIRECT INDIVIDUAL ACCOMPLISHMENTS TOWARD ORGANIZATIONAL OBJECTIVES. IT IS THE FUEL THAT ALLOWS COMMON PEOPLE TO OBTAIN UNCOMMON RESULTS. SIMPLY STATED IT IS LESS ME AND MORE WE."

KEEP ON DANCING !!!

ROB IRONSIDE



MERRY CHRISTMAS AND HAPPY NEW YEAR TO ALL !!!

NEWS FROM STETTLER :

THE NEXT CPS EXECUTIVE MEETING WILL BE HELD JAN. 5 @ 7:30 PM AT WAYNE & PEGGY'S - AS ALWAYS ANY MEMBER MAY ATTEND

GENERAL MEETING/ELECTIONS WILL BE HELD JAN. 23 @ 7:00 PM AT THE TOWN PUMP LOUNGE. ANYONE INTERESTED IN RUNNING FOR THE EXECUTIVE MAY EITHER CONTACT THE NOMINATING COMMITTEE OF PAT (742-0171) OR SHERRY (742-0571) OR BOB (742-3140) OR YOU MAY MAKE YOUR INTENTIONS KNOWN THE NIGHT OF THE ELECTIONS.


WE WILL BE STARTING UP A NEW DEMO TEAM SOON... ANYONE INTERESTED IN BEING ON THE DEMO TEAM PLEASE CONTACT PAT AT 742-0171.

DUE TO INTEREST EXPRESSED BY MANY OF OUR MEMBERS, AN INTERMEDIATE WORKSHOP IS BEING EXPLORED. IT IS VERY IMPORTANT THAT MEMBERS CONTACT PAT NOW IF YOU ARE INTERESTED.

NEWS FROM ROCKY : ROCKY HAD NO NEWS TO REPORT AT THIS TIME.

HAPPY BIRTHDAY TO THE FOLLOWING MEMBERS:

GORD MCCLUTCHEON	JAN. 1	BEV CALKINS	FEB. 1
NORMA BYERS	JAN. 3	MYRNA BLAIN	FEB. 4
BRAD SHOEMAKER	JAN. 3	GINNY DREVENAK	FEB. 9
BILL SHAFFER	JAN. 4	PENNY BRAUER	FEB. 11
AMY WILLIAMS	JAN. 4	COREEN KROWCHENKO	FEB. 16
LYNN GILBERTSON	JAN. 8	LINDA FLESTED	FEB. 17
DAWN SHAW	JAN. 11	BRIAN CAMPBELL	FEB. 19
ROBIN STEWART	JAN. 11	COLLEEN SPONGBERG	FEB. 19
SHERRY HOWELL	JAN. 14	MICHELLE LEE	FEB. 24
STEVE MARTIN	JAN. 18	ELINOR BARRET	FEB. 25
WENDY CALKINS	JAN. 19	CAROL MANNIX	FEB. 28
JUDY DICKHAUT	JAN. 22		
JIM WILSON	JAN. 23		
MARY BRAUTER	JAN. 24		
BRENDA SHAFFER	JAN. 25		

A BIG HOWDY
 and a
 HAPPY  BIRTHDAY



* UPCOMING EVENTS *

JANUARY - A DANCE CONCEPTS WORKSHOP WILL BE HELD ON JAN. 22 AT THE ELKS IN RED DEER. THE COST WILL BE \$5-\$10/PERSON AND THE INFORMATION WILL BE PRICELESS. CHECK THE MESSAGE MANAGER FOR CONFIRMED TIME/PLACE.

THE STETTLER CLUB IS HOLDING A SOCIAL ON JAN. 15 AT RED WILLOW HALL (15 MINS FROM STETTLER). POTLUCK SUPPER AT 6:30 AND DANCE AT 8:00 PM. PLEASE BRING YOUR FAVORITE TAPE OR C. D. AS THEY WILL BE USING THEIR OWN SOUND SYSTEM. THIS IS AN ALCOHOL FREE DANCE AND THERE IS NO CHARGE, GUESTS WELCOME.

FEBRUARY-- THE RED HOT DANCE FESTIVAL WILL GET UNDER WAY FEB. 25-27 IN RED DEER. THIS IS THE SECOND YEAR FOR THIS EVENT AND IT LOOKS TO BE A GREAT SUCCESS. FOR MORE INFO CONTACT ROB @ 341-9551 OR DAN @ 792-5478.

LESSONS

- RED DEER - WHERE : RED DEER ELKS CLUB
 WHEN : WEDNESDAYS 8 PM TO 10 PM JAN. 5 - FEB. 2
 WHAT : BEGINNER WALTZ
 COST : MEMBERS \$35/COUPLE \$20/SINGLE
 NON-MEMBERS \$45/COUPLE \$25/SINGLE
 DROP IN \$5/PERSON/LESSON
- SYLVAN LAKE - WHERE : FREINDSHIP CENTRE
 WHEN : FRIDAYS 7:30 PM - 9:30 PM JAN. 7 FOR 5-7 WEEKS
 WHAT : LINE DANCES FOR ALL AGES
 COST : \$5/PERSON/LESSON DROP IN ONLY
- STETTLER - WHAT : BEGINNER 2-STEP AND 2-STEP FOR THOSE HAVE TAKEN AT LEAST ONE SET ALREADY
 WHEN : BEGINNING JAN. 11 AND RUNNING 6 WEEKS

FOR MORE INFO RE: STETTLER LESSONS CONTACT WARREN @ 742-0571

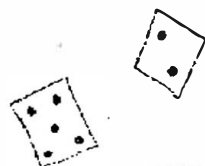
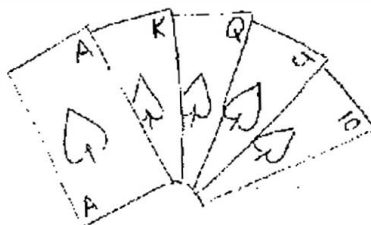
- ROCKY - WHERE : ROCKY CHRISTIAN SCHOOL
 WHEN : WEDNESDAYS 7 PM - 9 PM JAN. 5 FOR 6 WEEKS
 WHAT : BEGINNER WALTZ
 COST : MEMBERS \$2/PERSON/LESSON
 NON-MEMBERS \$5/PERSON/LESSON
- OLDS - WHERE : OLDS COLLEGE
 WHEN : BEGINNING LATER THIS MONTH
 WHAT : BEGINNER 2-STEP

FOR MORE INFO CONTACT JOANNE PARLIMENT AT THE OLDS COLLEGE

**JONES BOYS
SADDLERY & WESTERN WEAR**

1959 Gaetz Ave.
Red Deer, AB.
T4R 1Z4

**TERRY JONES
347-7202**



FUNDRAISING

NOSSACKS MEATS IS OFFERING US AN OPPORTUNITY TO RAISE FUNDS THROUGH THE SALE OF THEIR MEAT. WE SELL THE MEAT AT RETAIL AND ARE CHARGED WHOLESALE BY NOSSACKS. WE KEEP THE DIFFERENCE AS PROFIT. FOR A PRICE LIST AND/OR MORE INFORMATION CONTACT JIM SWINSTON AT 342-0463.

WE ARE LOOKING AT DOING A CASINO IN THE FIRST QUARTER OF THIS YEAR AND NEED AS MANY VOLUNTEERS AS POSSIBLE. YOU MUST BE 19 YEARS OF AGE AND BONDABLE. THIS SHOULD BE A GOOD CHANCE TO MAKE SOME DECENT MONEY WITH LITTLE TIME/EFFORT INVESTMENT. KEEP IN TOUCH FOR CONFIRMED DATES AND LET KEN MALTERER KNOW IF YOU CAN HELP OUT (WE NEED AT LEAST 20 NAMES TO CALL ON).

PROMOTIONS

COUNTRY PRIDE T-SHIRTS WILL SOON BE AVAILABLE. THEY WILL BE HOT LOOKING BLACK WITH PINK TURNED UP SLEEVES. PRICE WILL BE \$18 NON MEMBERS AND \$15 MEMBERS. THIS IS ALSO A FUNDRAISING VENTURE SO GET YOUR SHIRTS SOON. (P.S. THEY WILL GO FAST)!!!!

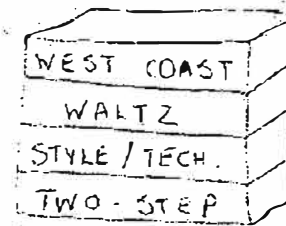
WE ARE EXCITED TO ANNOUNCE YET ANOTHER GREAT DISCOUNT OFFER. THE JONES BOYS SADDLERY AND WESTERN WEAR OF RED DEER ARE OFFERING A 10% DISCOUNT ON REGULAR PRICE MERCHANDISE TO COUNTRY PRIDE MEMBERS. THIS OFFER IS EXCLUSIVE TO C.P. MEMBERS SO LET'S GIVE THEM OUR SUPPORT. YOU WILL BE REQUIRED TO SHOW YOUR MEMBERSHIP CARD AND 2 PIECES OF ID TO GET YOUR DISCOUNT. PLEASE NOTE THAT THIS DISCOUNT DOES NOT APPLY TO SADDLES.

ANNOUNCEMENTS

THE RED DEER COUNTRY PRIDE CLUB WISHES TO THANK JIM, LORRAINE LES AND DONNA FOR DONATING THE CANDY BAGS AT THE CHILDRENS CHRISTMAS PARTY HELD ON DEC. 19 AT THE ELKS. ALL THE KIDS HAD A GREAT TIME AND ESPECIALLY ENJOYED SANTA !!!

WE WOULD LIKE TO EXTEND OUR CONGRATULATIONS TO COLIN AND CHERI ON THEIR WIN AT THE SILVER BUCKLE DANCE COMPETITION. THEY COMPETED IN THE NOVICE CATEGORY AND PLACED FIRST. FOR THEIR WIN THEY RECEIVED A TRIP TO LAS VEGAS (NICE BOOTS CHERI!!!!) CONGRATULATIONS AGAIN GUYS AND KEEP UP THE GREAT DANCING.





NEWS FROM THE LIBRARY

THE COUNTRY PRIDE VIDEO LIBRARY NOW HAS OVER 50 TAPES AVAILABLE, 20 OF WHICH ARE NEW MATERIAL! INCLUDED ARE TAPES ON 2-STEP, WALTZ, WEST COAST, POLKA, CHA CHA, SPIN/STYLE TECHNIQUE, PONY SWING, SIX COUNT SWING, SCHOTTISHE, LINE DANCE, LAST COAST, COMPETITION, ETC. LOOK FOR A COMPLETE LIST COMING LATER THIS MONTH.

STARTING IMMEDIATELY THERE WILL BE A NOMINAL FEE FOR THE RENTAL OF TAPES FROM THE VIDEO LIBRARY. THE COST WILL BE \$3/WEEK. THE TAPES WILL BE AVAILABLE FOR RENT EVERY SUNDAY (AT THE REGULAR CLUB PRACTICE (AT THE ELKS), THEY ARE THEN TO BE RETURNED THE FOLLOWING SUNDAY. IN ADDITION TO THE RENTAL FEE YOU WILL ALSO BE REQUIRED TO SIGN A RENTAL AGREEMENT ACCEPTING RESPONSIBILITY.

SHOWING YOUR SUPPORT FOR THE LIBRARY WILL ENABLE THE CLUB TO PURCHASE EVEN MORE TAPES FOR A LARGER SELECTION.

IF YOU WOULD LIKE TO PUT ONE OF YOUR TAPES IN THE CLUBS VIDEO LIBRARY OR HAVE ANY QUESTIONS REGARDING THE LIBRARY IN GENERAL, PLEASE CONTACT CAROLE RENAUD AT 782-6620.

REMINDERS

REMINDER THAT THERE ARE SOME OUTSTANDING MEMBERSHIPS DUE. IF YOU HAVE NOT PAID YOUR ANNUAL MEMBERSHIP FEE PLEASE DO SO ASAP.

RED DEER COUNTRY PRIDE MEMBERS ARE REMINDED THAT THEY ARE TO WEAR PROPER ATTIRE TO PRACTICE. LADIES SHOULD HAVE BOOTS AND SKIRT, GUYS NEED BOOTS AND HAT.

ALSO A REMINDER TO THOSE THAT ATTEND PRACTICE SUNDAYS AT THE ELKS, YOU WILL BE ASKED TO DONATE \$1/WEEK TO HELP COVER THE COST OF SPACE RENTAL. YOUR CONTRIBUTIONS ARE GREATLY APPRECIATED.

FOR UP TO THE MINUTE INFO ABOUT CLUB ACTIVITES/NEWS CHECK THE MESSAGE MANAGER AT 342-5111 (ACCESS #340-4499).

THE END

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THE COUNTRY PRIDE DANCE CLUB IS A NON-PROFIT SOCIETY WHOSE OBJECTIVES ARE TO PROMOTE C/W DANCING THROUGH TEACHING, DEMONSTRATIONS, COMPETITIONS, AND WORKSHOPS AND ALSO TO SUPPORT A COMPETITION DANCE TEAM. THE COUNTRY PRIDE DANCE TEAM WOULD BE PLEASED TO PERFORM AND/OR TEACH AT YOUR NEXT EVENT. FOR MORE INFO CALL 342-5111.

THE COUNTRY PRIDE NEWSLETTER IS A BI-MONTHLY PUBLICATION AND ALL ARTICLES FOR THE NEWSLETTER MUST BE SUBMITTED 2 WEEKS PRIOR TO PUBLICATION.

NEWSLETTER STAFF : KATHY NIELSON 227-3729



ANNUAL GENERAL MEETING

Hello Everyone and Welcome to 1994!!

This is official notice to the club of our annual general meeting and elections to be held on The first Sunday of February the 6 1994 at the Elks lodge at 4:00pm..

The following positions will be up for election or re-election.

PRESIDENT -- Rob Ironside

VICE PRESIDENT -- Dan Wright

SECRETARY -- Anna Plato

CHROEGRAPHY -- Pam Baudin

FUNDRAISER -- KEN Malterer

PROMOTIONS -- Jim Swinston

MEMBERSHIP -- Cheri Ross

SOCIAL -- Michelle

These people did a Fantastic Job in 1993 and whether or not they run again or are re-elected I would like to personally thank them all for a job well done!! Our club has done alot in 1993 and I expect 94 will be bigger yet. Please attend and vote at this meeting as elected people are the ones that will help set the direction of your club for the next year.

Goals For 1994

Social membership:

- Dance per month
- Own Dance Hall
- Big Workshop every 2 mths
- Membership to 600
- More Social Functions

Performance Team:

- More people involved
- Adopt a couple
- Separte Practice
- 20 pd gigs/15 demos
- Separate Team

Comp Team:

- Raise own Money
- Coach for Team
- Travel 3 events + Worlds
- Have a Bus
- Increase to 12 couples

These were some of the goals that were laid out and discussed for 1994. If you have new ideas or would like to see the club do something not mentioned here please come and tell us. This is your club, waa a Team can do great things if we tell each other what we want.



Country Pride Dance Club NEWSLETTER

JANUARY/FEBRUARY '94

NOTE FROM THE PRESIDENT

FINALLY, A NEWSLETTER!! I'LL BET MOST OF YOU THOUGHT WE DIDN'T HAVE ONE ANYMORE, WELL SURPRISE !! WE DO. THRU A SERIES OF INCREDIBLE EVENTS AND A HECTIC SUMMER WE DIDN'T GET ANY ISSUES TOGETHER. BUT THANKS TO KATHY WE NOW HAVE A NEWSLETTER AGAIN. THANKS KATHY.

I HAVE A DREAM THAT I WOULD LIKE TO SHARE WITH ALL OF YOU WHEN IT COMES TO THIS CLUB. IT HASN'T CHANGED SINCE WE STARTED AND IT IS TO TEACH EVERYONE TO C/W DANCE. THROUGH OUR LESSONS, WORKSHOPS, DEMOS, AND COMPETITIONS WE HAVE ACCOMPLISHED THIS INCREDIBLY WELL OVER THE LAST 3 1/2 YEARS. THERE ARE MORE PEOPLE THAT KNOW OF THE PINK/BLACK COUNTRY DANCERS IE. COUNTRY PRIDE FROM ROCKY TO STETTLER, CALGARY, EDMONTON AND BEYOND. TO SPREAD DANCING AS AN ART FORM AND WHAT IT DOES INSIDE FOR A PERSON IS TOTALLY EXCITING. IT HAS KEPT ME GOING THROUGH TIMES THAT I'VE WANTED TO QUIT. HOW PEOPLE GROW, LEARN AND STRETCH THEIR COMFORT ZONES TO LEARN AND DO MORE IS TOTALLY EXCITING.

NOT ONLY HAS THIS CLUB, BUT BONNIE AND I, AND OTHER KEY PEOPLE WITHIN OUR CLUB SUCH AS DAN, KEN, PAM, COLIN, CHERI, SHERRY JIM, WARREN & SHERRY, JIM & VICKI, AND MANY OTHERS THAT I HAVEN'T MENTIONED, STAND UP TO THE CHALLENGE AND GROW NOT JUST AS DANCERS CHALLENGED BUT AS PEOPLE. I AM SO PROUD OF EVERYONE WHO HAS STOOD UP TO THE CHALLENGE AND GOTTEN INVOLVED IN SOMETHING THIS CLUB HAS UNDERTAKEN. I AM SURE GLAD THEY DID! THAT IS WHAT I HAVE COME TO UNDERSTAND THIS CLUB IS ALL ABOUT. THIS CLUB ISN'T ABOUT TEACHING PEOPLE TO DANCE, DO SHOWS, DEMOS, OR COMPETITIONS, IT IS ABOUT PEOPLE AND THE RELATIONSHIPS YOU BUILD AND THE EXCITEMENT OF HAVING COMMON INTERESTS AND GOALS. I LOOK AROUND AT THE CLUBS AND ORGANIZATIONS TODAY AND REALIZE HOW INCREDIBLY LUCKY WE ARE TO HAVE WHAT WE HAVE. GRANTED WE HAVE OUR CHALLENGES AND STRUGGLES, BUT WITHOUT THOSE THE VICTORIES WOULD NOT BE AS SWEET.

BECAUSE OUR CLUB HAS GROWN AT SUCH AN UNBELEIVABLE RATE, IT HAS BEEN A PERSONAL CHALLENGE TO KEEP UP AND PUT IDEAS AND GOALS FOR THE ORGANIZATION AS A WHOLE TO SHOOT FOR. THANK GOODNESS YOU'ALL HAVE HAD BETTER IDEAS THAN I, AND OTHERS HAVE STOOD UP TO THE CHALLENGE AND ARE TAKING ON RESPONSIBILITIES AND LEADERSHIP ROLES. THIS CLUB WILL SURVIVE ONLY IF WE ENCOURAGE THOSE NEW PEOPLE WITH IDEAS AND DRIVE TO GO FOR IT! BONNIE AND I WOULD LOVE TO BE ALL PLACES AT ALL TIMES, BUT WE ARE FINDING IT MORE DIFFICULT AS THE CLUB CONTINUES TO GROW. WE LOVE YOU ALL DEARLY AND WE HAVE GOTTEN BACK MORE THAN WE COULD EVER GIVE TO ANY OF YOU, BUT WE FIND OUR ROLE WITHIN THIS CLUB CHANGING AS WELL. IM AM SCARED TO DEATH THAT NOT ENOUGH PEOPLE WILL HELP OTHERS. STRIVING TO WORK TOWARDS A COMMON GOAL HAS ALWAYS BEEN THE BIGGEST CHALLENGE OF ANY TEAM OR ORGANIZATION. WHAT I SEE AND FEAR IS THAT PEOPLE WILL NOT



WORK TOGETHER OR GET COMPLACENT OR BORED AND TRY TO DO IT ON THEIR OWN. THAT IS FINE AND MAYBE FOR THOSE PEOPLE IT IS BEST. THEY GIVE UP AND QUIT INSTEAD OF GOING THROUGH DISCUSSIONS, ARGUMENTS AND VOICING THEIR OPINION BECAUSE FOR THE PEOPLE THAT GO THROUGH THE HARD TIMES, THE WINNING AND PERSONAL VICTORIES MEAN SO MUCH MORE. "TOGETHER EVERYONE ACHIEVES MORE" IS WHAT A TEAM IS ALL ABOUT, WHETHER THAT IS OUR DEMO TEAM, COMP TEAM, INSTRUCTORS OR OUR SOCIAL MEMBERS. WE CAN ALL DREAM BIGGER DREAMS AND ACHIEVE MORE SUCCESS TOGETHER THAN WE EVER COULD BY OURSELVES. IS IT EASY? HECK NO !!! IT IS FRUSTRATING AND TOTALLY CRAZY SOMETIMES, BUT THE REWARDS ARE WORTH IT.

WE ARE WALKING INTO '94 AND I SEE AND BELIEVE OUR ORGANIZATION WILL DOUBLE FROM APPROX. 300 TOTAL TO 600 MEMBERS EASY! CAN WE HANDLE IT? DO WE WANT TO? WHAT DID YOU PERSONALLY GET OUT OF THIS CLUB IN THE LAST YEAR OR TWO AND IS IT WORTH SHARING THAT WITH OTHER NEW PEOPLE? YOU NEW PEOPLE TODAY WILL BE THE LEADERS TOMORROW THAT OTHER NEW MEMBERS WILL RELATE TO AND FOLLOW. REMEMBER HOW YOU FELT WHEN YOU FIRST GOT INVOLVED AND HOW YOU WANT TO MAKE THEM FEEL.

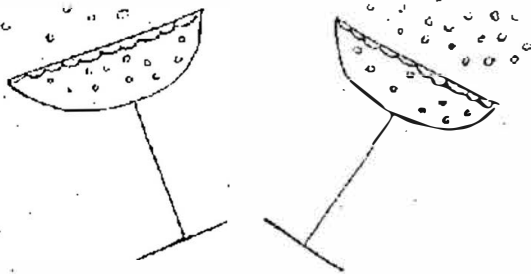
GOALS ARE SO VITAL FOR THIS ORGANIZATION, BECAUSE WITHOUT GOALS NO ONE HAS ANYTHING TO BE EXCITED ABOUT OR A REASON TO GET INVOLVED. SO WHETHER IT BE THE COMP TEAM GOING TO THE WORLDS NEXT YEAR, INCREASING THE NUMBERS OF OUR DEMOS, LESSON SIZE, INSTRUCTOR QUALITY, WORKSHOPS OR A MEMBERSHIP DRIVE, WE MUST BE CAREFUL AS TO MAKE SURE OUR GOALS ENCOMPASS THE MAJORITY OF THE CLUB AND BENEFIT THE ORGANIZATION AS A WHOLE.

SETTING UP OUR INSTRUCTOR TRAINING, AN OVERALL MAIN EXECUTIVE, HOSTING A PROVINCIAL EVENT OR TEACHING YOUR NEXT DOOR NEIGHBOR HOW TO 2-STEP, OUR CLUB HAS BITTEN OFF A BIG RESPONSIBILITY WHEN IT COMES TO AFFECTING THE DIRECTION OF C/W DANCING IN CENTRAL ALBERTA, CANADA AND BEYOND. PEOPLE NOW KNOW WHO WE ARE THROUGH MORE EXPOSURE ON NATIONAL T.V., MORE DEMOS, BENEFITS, SIGS AND LESSONS. WE NEED ALL OUR MEMBERS, NEW AND OLD TIMERS ALIKE, TO UNDERSTAND THE IMPACT THE GOOD OUR CLUB HAS DONE AND WILL DO IN THE FUTURE.

DO WE HAVE OUR CHALLENGES?? YOU BET !!! I AM SCARED TO DEATH EVERYDAY WE WILL DROP THE BALL, LET PEOPLE DOWN, AND NOT EXPOSE THE CLUB TO THE PEOPLE, NOT LET PEOPLE SEE THE INCREDIBLE FUN, LEARNING AND FRIENDSHIP THIS CLUB CAN OFFER. WE TEND TO TAKE OUR EYE OFF OUR GOALS AND GET MOWED DOWN IN THE DAY TO DAY CRAP WE HAVE TO GO THROUGH TO ACHIEVE OUR GOALS AND WIN. WE ARE LIMITED AS TO WHAT OUR CLUB CAN ACHIEVE ONLY BY OUR IMAGINATION AND ONCE STRETCH A NEW IDEA, IT NEVER REGAINS ITS ORIGINAL DIMENSIONS. AND THAT IS GREAT!!!

I AM TOTALLY EXCITED ABOUT WHERE WE CAN BE THIS TIME NEXT YEAR (WE HAVE DONE A PILE IN '93). IF WE ARE UP TO THE CHALLENGE, WE ACCOMPLISH SOME BIG THINGS, IF WE WORK TOGETHER AS A TEAM. "TEAMWORK IS THE ABILITY TO WORK TOGETHER TOWARDS A COMMON VISION. THE ABILITY TO DIRECT INDIVIDUAL ACCOMPLISHMENTS TOWARD ORGANIZATIONAL OBJECTIVES. IT IS THE FUEL THAT ALLOWS COMMON PEOPLE TO OBTAIN UNCOMMON RESULTS. SIMPLY STATED IT IS LESS ME AND MORE WE."

KEEP ON DANCING !!
ROB IRNSIDE



MERRY CHRISTMAS AND HAPPY NEW YEAR TO ALL !!!

NEWS FROM STETTLER :

THE NEXT CPS EXECUTIVE MEETING WILL BE HELD JAN. 5 @ 7:30 PM AT WAYNE & PEGGY'S - AS ALWAYS ANY MEMBER MAY ATTEND

GENERAL MEETING/ELECTIONS WILL BE HELD JAN. 23 @ 7:00 PM AT THE TOWN PUMP LOUNGE. ANYONE INTERESTED IN RUNNING FOR THE EXECUTIVE MAY EITHER CONTACT THE NOMINATING COMMITTEE OF PAT (742-0171) OR SHERRY (742-0571) OR BOB (742-3140) OR YOU MAY MAKE YOUR INTENTIONS KNOWN THE NIGHT OF THE ELECTIONS.

WE WILL BE STARTING UP A NEW DEMO TEAM SOON... ANYONE INTERESTED IN BEING ON THE DEMO TEAM PLEASE CONTACT PAT AT 742-0171.

DUE TO INTEREST EXPRESSED BY MANY OF OUR MEMBERS, AN INTERMEDIATE WORKSHOP IS BEING EXPLORED. IT IS VERY IMPORTANT THAT MEMBERS CONTACT PAT NOW IF YOU ARE INTERESTED.

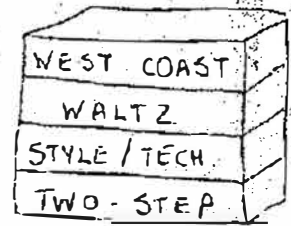
NEWS FROM ROCKY : ROCKY HAD NO NEWS TO REPORT AT THIS TIME.

HAPPY BIRTHDAY TO THE FOLLOWING MEMBERS:

GORD MCCUTCHEON	JAN. 1	BEV CALKINS	FEB. 1
NORMA BYERS	JAN. 3	MYRNA BLAIN	FEB. 4
BRAD SHOEMAKER	JAN. 3	GINNY DREVENAK	FEB. 9
BILL SHAFFER	JAN. 4	PENNY BRAUER	FEB. 11
AMY WILLIAMS	JAN. 4	COREEN KROWCHENKO	FEB. 16
LYNN GILBERTSON	JAN. 8	LINDA PLESTED	FEB. 17
DAWN SHAW	JAN. 11	BRIAN CAMPBELL	FEB. 19
ROBIN STEWART	JAN. 11	COLLEEN SPONGBERG	FEB. 19
SHERRY HOWELL	JAN. 14	MICHELLE LEE	FEB. 24
STEVE MARTIN	JAN. 18	ELINOR BARRET	FEB. 25
WENDY CALKINS	JAN. 19	CAROL MANNIX	FEB. 28
JODY DICKHAUT	JAN. 22		
JIM WILSON	JAN. 23		
MARY BRAUTER	JAN. 24		
BRENDA SHAFFER	JAN. 25		

A BIG HOWDY
 and a
 HAPPY BIRTHDAY





NEWS FROM THE LIBRARY

THE COUNTRY PRIDE VIDEO LIBRARY NOW HAS OVER 50 TAPES AVAILABLE, 20 OF WHICH ARE NEW MATERIAL! INCLUDED ARE TAPES ON 2-STEP, WALTZ, WEST COAST, POLKA, CHA CHA, SPIN/STYLE TECHNIQUE, PONY SWING, SIX COUNT SWING, SCHOTTISHE, LINE DANCE, EAST COAST, COMPETITION, ETC. LOOK FOR A COMPLETE LIST COMING LATER THIS MONTH.

STARTING IMMEDIATELY THERE WILL BE A NOMINAL FEE FOR THE RENTAL OF TAPES FROM THE VIDEO LIBRARY. THE COST WILL BE \$3/WEEK. THE TAPES WILL BE AVAILABLE FOR RENT EVERY SUNDAY AT THE REGULAR CLUB PRACTICE (AT THE ELKS). THEY ARE THEN TO BE RETURNED THE FOLLOWING SUNDAY. IN ADDITION TO THE RENTAL FEE YOU WILL ALSO BE REQUIRED TO SIGN A RENTAL AGREEMENT ACCEPTING RESPONSIBILITY.

SHOWING YOUR SUPPORT FOR THE LIBRARY WILL ENABLE THE CLUB TO PURCHASE EVEN MORE TAPES FOR A LARGER SELECTION.

IF YOU WOULD LIKE TO PUT ONE OF YOUR TAPES IN THE CLUBS VIDEO LIBRARY OR HAVE ANY QUESTIONS REGARDING THE LIBRARY IN GENERAL, PLEASE CONTACT CAROLE RENAUD AT 782-6620.

REMINDERS
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REMINDER THAT THERE ARE SOME OUTSTANDING MEMBERSHIPS DUE. IF YOU HAVE NOT PAID YOUR ANNUAL MEMBERSHIP FEE PLEASE DO SO ASAP.

RED DEER COUNTRY PRIDE MEMBERS ARE REMINDED THAT THEY ARE TO WEAR PROPER ATTIRE TO PRACTICE. LADIES SHOULD HAVE BOOTS AND SKIRT, GUYS NEED BOOTS AND HAT.

ALSO A REMINDER TO THOSE THAT ATTEND PRACTICE SUNDAYS AT THE ELKS, YOU WILL BE ASKED TO DONATE \$1/WEEK TO HELP COVER THE COST OF SPACE RENTAL. YOUR CONTRIBUTIONS ARE GREATLY APPRECIATED.

FOR UP TO THE MINUTE INFO ABOUT CLUB ACTIVITES/NEWS CHECK THE MESSAGE MANAGER AT 342-5111 ( ACCESS #340-4499 ).

THE END

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THE COUNTRY PRIDE DANCE CLUB IS A NON-PROFIT SOCIETY WHOSE OBJECTIVES ARE TO PROMOTE C/W DANCING THROUGH TEACHING, DEMONSTRATIONS, COMPETITIONS, AND WORKSHOPS AND ALSO TO SUPPORT A COMPETITION DANCE TEAM. THE COUNTRY PRIDE DANCE TEAM WOULD BE PLEASED TO PERFORM AND/OR TEACH AT YOUR NEXT EVENT. FOR MORE INFO CALL 342-5111.

THE COUNTRY PRIDE NEWSLETTER IS A BI-MONTHLY PUBLICATION AND ALL ARTICLES FOR THE NEWSLETTER MUST BE SUBMITTED 2 WEEKS PRIOR TO PUBLICATION.

NEWSLETTER STAFF : KATHY NIELSON 227-3729

